

VOLUME VI-5, MAY 2021

From the Editor:

Thanks to our regular contributors who sent me information to keep you informed and entertained. Without you ladies, there would be just a one or two-page newsletter.

I am having rotator cuff surgery on Jun 16 and won't be spending very much time on the computer for at least two months. Thanks to all the stuff I received in Apr and May, I have already gotten a jump on the Jul & Aug issues. Those will be fewer pages and may not have any special articles. If you would like to research something on health or other topics, send me the write-up for Jul or Aug. If you have a topic you want to hear more about, send it/them to me. Any memes or funnies may wait until Sep for publication. I already have quite a few in the Jul & Aug issues. Keep those funnies coming though because the ladies really enjoy them.

I will do my best to send out your event announcements and, if you are looking for a specific event, let me know and I can send you the information, as long as it is listed in this newsletter.

Included in this issue is a narrative about Juneteeth. It was very enlightening to me and a very sad part of our history.

Have a wonderful summer. I hope it is full of traveling, RH sisterhood, seas of red & purple and loads of fun!

Judy Litke
moonrockB@aol.com

**MONTHLY 1st Wednesday Lunch
in Maryland**

Join Red Hatters on the 1st Wednesday, Jun 2, 2021, at 12:00 noon, at Nautilus Diner, 1709 Transportation Drive, Crofton, MD 21114.

You do NOT need to make a reservation for this event. Come and be ready to enjoy food and sisterhood. Put on your big girl Red Hat gear and join us!

COVID restrictions have been lifted in MD. Beware that some restaurants may still require patrons to wear masks. Bring along one just in case. Restaurants may now return to 100% seating capacity so beware that social distancing probably will not be possible.

Some people still feel safer wearing a mask so please be accepting of their right to do so.

For additional information: Beth Wiggans, 301-805-5182, wiggansbeth@gmail.com

Mailing List: This info was sent out only to those who regularly attend. If you did not receive it and want to receive future info on these 1st Wed lunches, please send an e-mail to moonrockB@aol.com to have your name and e-mail address added.

DEADLINE For July Newsletter
Articles: **June 26, 2021**

Upcoming Red Hat Events

*** For Supporting Members Only**

NOTE: Send an e-mail to moonrockB@aol.com if you need a copy of any announcements on this page.

Contact the hostess to determine whether the event is still a "go".

Jun 6-8, 2021: "Celebrate! Vision 2021", at the Grand Hotel, Mackinac Island, MI (Event is full; [Wait List](#)) *

Jun 7-14, 2021: "Get Lost" Cruise with the Star Sisters, depart Cape Liberty, NJ, travel to Hamilton & St. George Island, Bermuda, and return to Cape Liberty, NJ

Jun 12, 2021: Ladies in Red 5th Anniversary Celebration; Marriott St. Louis AP, 2021 Theme: Fashionistas (red bottom with purple hat) Chapter Members Fashion Show Using Birthday Gifts; \$40 payment due by Jun 1, 2021

Jul 9-11, 2021: 19th Annual Branson Red Hatters Original Fling 2021, Theme: Boots & Bling, in Branson, MO

Jul 17, 2021: "Pretty in Paris" Luncheon,, hosted by the Belles of Scarlett, Charlotte, NC

Aug 14, 2021: Theme: All Hail the Queen – New Queen Coronation (Regalia – purple bottom and red hat); \$40 payment due by Aug 3, 2021

Aug 27-29, 2021: Virginia FUNvention REBOOT, theme will be "Back to the Future", hosted by the Mad Hatters of Stafford *

Sep 9-11, 2021: 2021 Florida Sunshine State Extravaganza, hosted by Christine Towers, FQM, in Kissimmee, FL. For info contact: Christine Towers, primetimebelle@aol.com

Upcoming Red Hat Events (Continued)

Sep 17-19, 2021: Red Hat Weekend, in WV, contact Cookie Hayes (cookiehayes@comcast.net) for information and registration (live band Fri & Sat nights, international dress night, dinners buffet style)

Sep 24-26, 2021: Diamonds and Pearls Event, in Scott, LA * (Contact Elrita Bob, 1818 North Avenue I, Crowley, LA 70526)

Sep 30-Oct 3, 2021: 2021 Georgia Red Hat Jubilee, "Puttin' On the Glitz", hosted by the Georgia Red Hat Jubilee Council, in Stone Mountain, GA *

Oct 1-3, 2021: South Dakota Red Hat State Convention, hosted by the Chatty Hatters of Estelline, in Brookings, SD. Any questions -- contact me at chark@itctel.com or call (605) 360-2771).

Oct 8-10, 2021: Iowa Red Hat State Convention, Burlington, IA

Oct 15-17, 2021: Paint the Town Red, Act 6, Once Upon a Time – "The Fairy Tale Dream Theme", hosted by The Regally Honored Sisters with Hattitude, in Laughlin, NV

Oct 28, 2021: The Red Hat Witches Ball, hosted by the Lehigh Valley Queen's Council of the Red Hat Society, Bethlehem, PA

Nov 5-7, 2021: Ladies in Red St. Louis FUNvention, Theme: Amateur Night at the Apollo (Regalia), in Bridgeton, MO. **NOTE:** \$250 payment deadline Oct 25, 2021 (payment plan available)

Jan 7-9, 2022: "Let's Paint the Town Red", hosted by the Southern Bellas formerly the Foothills Red Hatters, Travelers Rest, SC, in Myrtle Beach, SC *

Upcoming Red Hat Events (Continued)

* For Supporting Members Only

NOTE: Send an e-mail to moonrockB@aol.com if you need a copy of any announcements on this page.

Feb 25-27, 2022: "Red Hat Land Cruise, with "stops" in New Orleans for Mardi Gras; Under the Sea for lunch; and a Captain's Ball, Baltimore, MD *

Apr 26, 2022: "Victorian Birthday Party", hosted by South Central Queens Council, Wichita, KS (no details yet)

May 19-22, 2022: RHS 2021 International Convention, Flamingo Fling, Palm Desert, CA *

NEW Jun 9-12, 2022: 2022 Wisconsin Hatvention, hosted by Multi-State registered Red Hat Society Members (details not yet posted so Save the Date!)

Sep 9-11, 2022: "Biennial Red Hat Convention, hosted by South Central Queens Council, Wichita, KS (no details yet)

Sep 24-Oct 1, 2022: Trip to Dubai, hosted by The Classy Ruby Red Hat Ladies, cost of \$1892 includes round trip airfare, hotel, breakfast daily, airport transportation, and 3 excursions. For additional info and registration info, contact Queen Juanita Brooks (302-632-3355); Vice Queen Norma Branker (302-387-1660); or Bonnie Harden (804-839-4443)

NEW Oct 28-30, 2022: Wisconsin PJ Gathering – Mark Your Calendars, details coming soon. E-mail questions to gingerzsnap@gmail.com.

Red Hatters Invited Events Open to Anyone

NEW Sep 25-Oct 5, 2022: Cruise – Classic Danube, arranged by Dame Jean Marie, anyone may go on this trip.



B&B Queens Council
Quarterly Luncheon

This event is for queens, co-queens and vices only

DATE: July 10, 2021

TIME: 11 AM-to 1:30 PM

PLACE: Hibachi and Sushi Supreme Buffet, 6619 Governor Richie Highway, Glen Burnie, MD 21061

COST: \$16.68/person (pay at the door)

RESERVATION: Send an e-mail to Beverly Goines, beverlygm@comcast.net, if you plan to attend.

Games, 50-50, contests, lots of fun!

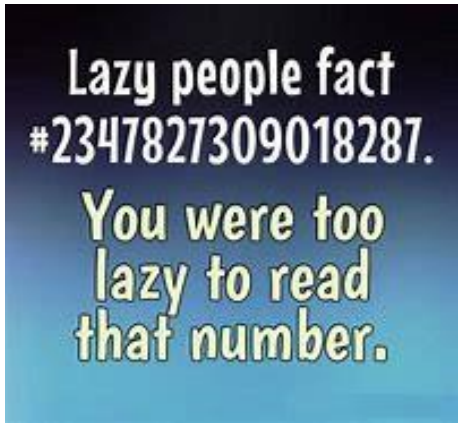


"Don't walk behind me;
I may not lead.
Don't walk in front of me;
I may not follow.
Just walk beside me
and be my friend."

Tips to Stay Safe as We Navigate Through COVID19:

As we begin dining out with our friends, here are some tips to help you stay safe:

- First and foremost, if you are feeling sick or have a fever, stay home.
- Take Clorox wipes or Handi-Wipes in a plastic baggie to wipe down your table area, any part of the chair you touch, and the bathroom door on the way out. Put used wipes in the baggie to keep from spreading germs.
- Take your own hand sanitizer. Instead of passing your bottle to others, squeeze some in their hands.
- Carry a mask with you in case one is required upon arrival. Wear the mask over your mouth AND nose.
- Please respect the right of each other to wear or not wear a mask when one is not required. Some feel safer with them on.
- Pull up the menu on your cell phone or Ipad and know what you want to order ahead of time instead of touching the menus.
- Avoid hugging. Some ladies are just not yet ready for touching. You can "I ❤️ you" with your hands or carry a sign.



Cleaning Your Oven Glass Door:

In a glass bowl, mix 1 cup of baking soda with 1/4 cup of water. This forms a paste with a texture similar to thick shaving cream. Spread this with a spoon over the glass in the oven door.

Next, add 2 tablespoons of white vinegar to the same baking soda mixture and spread it across the glass. Wipe with a well-used Scotch Brite sponge or use a scrub daddy.



Don't Toss Out Your Masks Just Yet:

Many are so happy to be mask-free. I don't know about you but I did not have a cold or the flu for over a year and a half. You might consider wearing them to protect yourself in the fall/winter months – if only just to remind yourself not to touch your nose and mouth until after you remove the mask AND wash your hands.

In Memory of My Father on Fathers Day:

-- by Barbara Bryce, *Red and Pink Roses R We, Adelphi, MD* --

At a certain point in my father's life, until almost 102 years old, he looked like Robert Young.

When my parents, my two brothers and I were in New York in 1959, and we were getting out of an elevator, someone said hello to my father and addressed him as Mr. Young. My father smiled and said hello.

When Robert Young passed away, I shed a little tear. I have and still do watch "Father Knows Best".

My father started photo albums in 1941. Each of his 71 albums has the year on the outside of the book. Almost every photo has a caption. One photo is of my two brothers' dogs, who looked alike. The caption was "Kissing Cousins." On my mother's 50th birthday, she was holding across her chest a sign that read "50." My father was working on his last album the day before he died. My younger brother, Eddie, of my two younger brothers, has the albums because it didn't make sense to separate them. Also, he lives about 1/2 way between my first younger brother Jeffrey, and me.

One Father's Day I gave the following photos to my dad:



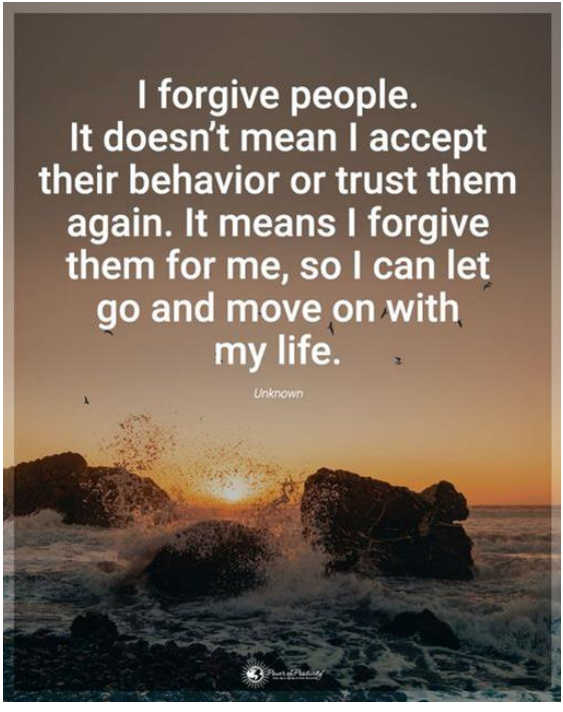
The photo on the left, in the frame, was taken when I was about 5 years old. When I was about 50, I grew my hair long; I got a blouse with puffy sleeves; I sat down and pulled my skirt up to show my knees, and I borrowed a "Cinderella" book from a neighbor.

I located the black and white picture on the left from a photo album of my dad's, and I made a copy of it. I had my husband take a picture of me with color film since I could no longer get black and white film.

You should note that the book I was holding in the photo on the right was positioned over my boobs. That was because I didn't have boobs when I was five, and to make the picture more realistic I couldn't show my boobs.

As you can see, I put the pictures side by side in a 5 x 7" photo frame.

I typed on a piece of white paper "Dad, you will always be my Prince Charming. Love, Barb"



American History



Juneteenth 2021 Saturday, June 19

reprinted from
<http://juneteenth.com/history.htm>

General Order Number 3 which began most significantly with:

"The people of Texas are informed that in accordance with a Proclamation from the Executive of the United States, all slaves are free. This involves an absolute equality of rights and rights of property between former masters and slaves, and the connection heretofore existing between them becomes that between employer and hired laborer."

Juneteenth is the oldest nationally celebrated commemoration of the ending of slavery in the United States. Dating back to 1865, it was on June 19th that the Union soldiers, led by Major General Gordon Granger, landed at Galveston, Texas with news that the war had ended and that the enslaved were now free. Note that this was two and a half years after President Lincoln's Emancipation Proclamation - which had become official January 1, 1863. The Emancipation Proclamation had little impact on the Texans due to the minimal number of Union troops to enforce the new Executive Order. However, with the surrender of General Lee in April of 1865, and the arrival of General Granger's regiment, the forces were finally strong enough to influence and overcome the resistance.

Later attempts to explain this two and a half year delay in the receipt of this important news have yielded several versions that have been handed down through the years. Often told is the story of a messenger who was murdered on his way to Texas with the news of freedom. Another is that the news was deliberately withheld by the enslavers to maintain the labor force on the plantations. And still another is that federal troops actually waited for the slave owners to reap the benefits of one last cotton harvest before going to Texas to enforce the Emancipation Proclamation. All of which, or none of these versions could be true. Certainly, for some, President Lincoln's authority over the rebellious states was in question. Whatever the reasons, conditions in Texas remained status quo well beyond what was statutory.

The reactions to this profound news ranged from pure shock to immediate jubilation. While many lingered to learn of this new employer to employee relationship, many left before these offers were completely off the lips of their former 'masters' - attesting to the varying conditions on the plantations and the realization of freedom. Even with nowhere to go, many felt that leaving the plantation would be their first grasp of freedom. North was a logical destination and for many it represented true freedom, while the desire to reach family members in neighboring states drove some into Louisiana, Arkansas and Oklahoma. Settling into these new areas as free men and women brought on new realities and *the challenges of establishing a heretofore non-existent status for black people in America*. Recounting the memories of that great day in June of 1865 and its festivities would serve as motivation as well as a release from the growing pressures encountered in their new territories. The celebration of June 19th was coined "Juneteenth" and grew with more participation from descendants. The Juneteenth celebration was a time for reassuring each other, for praying and for gathering remaining family members. Juneteenth continued to be highly revered in Texas decades later, with many former slaves and descendants making an annual pilgrimage back to Galveston on this date.

One of General Granger's first orders of business was to read to the people of Texas,

(continued on next page)

Juneteenth (continued)

Juneteenth Festivities and Food

A range of activities were provided to entertain the masses, many of which continue in tradition today. Rodeos, fishing, barbecuing and baseball are just a few of the typical Juneteenth activities you may witness today. Juneteenth almost always focused on education and self improvement. Thus, often guest speakers are brought in and the elders are called upon to recount the events of the past. Prayer services were also a major part of these celebrations. Certain foods became popular and subsequently synonymous with Juneteenth celebrations such as strawberry soda-pop. More traditional and just as popular was the barbecuing, through which Juneteenth participants could share in the spirit and aromas that their ancestors, the newly emancipated African Americans, would have experienced during their ceremonies. Hence, the barbecue pit is often established as the center of attention at Juneteenth celebrations.

Food was abundant because everyone prepared a *special* dish. Meats such as lamb, pork and beef, which were not available everyday, were brought on this special occasion. True Juneteenth celebrations left visitors well satisfied and with enough conversation to last until the next year.

Dress was also an important element in early Juneteenth customs and is often still taken seriously, particularly by the direct descendants who can make the connection to this tradition's roots. During slavery there were laws on the books in many areas that prohibited or limited the dressing of the enslaved.

Juneteenth and Society

In the early years, little interest existed outside the African American community in participation in the celebrations. In some cases, there was outwardly exhibited resistance by barring the use of public property for the festivities. Most of the

festivities found themselves out in rural areas around rivers and creeks that could provide for additional activities such as fishing, horseback riding and barbecues. Often church grounds were the site for such activities. Eventually, as African Americans became land owners, land was donated and dedicated for these festivities. One of the earliest documented land purchases in the name of Juneteenth was organized by Rev. Jack Yates. This fund-raising effort yielded \$1000 and made possible the purchase of Emancipation Park in Houston, TX. In Mexia, the local Juneteenth organization purchased Booker T. Washington Park, which had become the Juneteenth celebration site in 1898. There are accounts of Juneteenth activities being interrupted and halted by white landowners demanding that their laborers return to work. However, it seems most allowed their workers the day off and some even made donations of food and money. For decades these annual celebrations flourished, growing continuously with each passing year. In Booker T. Washington Park, as many as 20,000 African Americans once attended during the course of a week, making the celebration one of the state's largest.

Juneteenth Celebrations Decline

Economic and cultural forces led to a decline in Juneteenth activities and participants beginning in the early 1900's. Classroom and textbook education in lieu of traditional home and family-taught practices stifled the interest of the youth due to less emphasis and detail on the lives of former slaves. Classroom textbooks proclaimed Lincoln's Emancipation Proclamation of January 1, 1863 as the date signaling the ending of slavery and mentioned little or nothing of the impact of General Granger's arrival on June 19th.

The Depression forced many people off the farms and into the cities to find work. In these

Juneteenth (continued)

urban environments, employers were less eager to grant leaves to celebrate this date. Thus, unless June 19th fell on a weekend or holiday, there were very few participants available. July 4th was already the established Independence holiday and a rise in patriotism steered more toward this celebration.

Resurgence

The Civil Rights movement of the 50's and 60's yielded both positive and negative results for the Juneteenth celebrations. While it pulled many of the African American youth away and into the struggle for racial equality, many linked these struggles to the historical struggles of their ancestors. This was evidenced by student demonstrators involved in the Atlanta civil rights campaign in the early 1960's, who wore Juneteenth freedom buttons. Again in 1968, Juneteenth received another strong resurgence through the Poor Peoples March to Washington D.C. Rev. Ralph Abernathy's call for people of all races, creeds, economic levels and professions to come to Washington to show support for the poor. Many of these attendees returned home and initiated Juneteenth celebrations in areas previously absent of such activities. In fact, two of the largest Juneteenth celebrations founded after this March are now held in Milwaukee and Minneapolis.

Texas Blazes the Trail

On January 1, 1980, Juneteenth became an official state holiday through the efforts of Al Edwards, an African American state legislator. The successful passage of this bill marked Juneteenth as the first emancipation celebration granted official state recognition. Edwards has since actively sought to spread the observance of Juneteenth all across America.

Juneteenth In Modern Times

Today, Juneteenth is enjoying a phenomenal growth rate within communities and organizations throughout the U.S.

Institutions such as the Smithsonian, the Henry Ford Museum and others have begun sponsoring Juneteenth-centered activities. In recent years, a number of local and national Juneteenth organizations have arisen to take their place along side older organizations - all with the mission to promote and cultivate knowledge and appreciation of African American history and culture.

Juneteenth today, celebrates African American freedom and achievement, while encouraging continuous self-development and respect for all cultures. As it takes on a more national, symbolic and even global perspective, the events of 1865 in Texas are not forgotten, for all of the roots tie back to this fertile soil from which a national day of pride is growing.

The future of Juneteenth looks bright as the number of cities and states creating Juneteenth committees continues to increase. Respect and appreciation for all of our differences grow out of exposure and working together. Getting involved and supporting Juneteenth celebrations creates new bonds of friendship and understanding among us. This indeed brightens our future - and that is the *Spirit of Juneteenth*.

Some Juneteenth Wishes

- God made us all equal. But humans created differences which have been the cause of many problems. Celebrations of Juneteenth are a reminder of the victory of equality over slavery. Wishing you a very Happy Freedom Day.
- The smart way to fight racism is to understand that the world is full of colors and to accept them is the best thing to do. Sending my love, affection, and lots of warm wishes on this Freedom Day. Have a wonderful day ahead!!!!
- No one learns to hate others by birth. No one is born with discrimination against colors. They learn it here. Let us not teach our coming generations the things that divide us but teach them things that unite us. Warm wishes to you on Juneteenth.

What Do You Know About Arthritis?

About Arthritis: There are seven types of arthritis. The most common form is osteoarthritis, which is considered to be a “wear and tear” problem. Regardless of which one(s) you might think you have, it is important for you to discuss symptoms with your family doctor so s/he can order diagnostic testing and refer you to the appropriate specialist. There are no definite causes of the other six types, nor are there any cures. Genetics is often found to be a cause. Some people find that making changes to their diet improves their arthritis symptoms. This may involve avoiding inflammatory foods, such as saturated fat and sugar. It may also involve avoiding foods that are high in purines (high-purine foods to cut from your diet are anchovies, asparagus, beef kidneys, brains, dried beans and peas, game meats, gravy, herring, liver, mackerel, mushrooms, sardines, scallops, and sweetbreads).

- Osteoarthritis is the most common form of arthritis affecting millions of people worldwide. It occurs when the protective cartilage that cushions the ends of your bones wears down over time. Although osteoarthritis can damage any joint, the disorder most commonly affects joints in your hands, knees, hips and spine. Osteoarthritis symptoms can usually be managed, although the damage to joints can't be reversed. Staying active, maintaining a healthy weight and some treatments might slow progress. Factors that can increase your risk of osteoarthritis include: older age (risk increases each year); sex (women more likely to develop it); obesity

(the more you weigh, the greater your risk because increased weight adds stress to weight-bearing joints). Also, fat tissue produces proteins that can cause harmful inflammation in and around your joints. Joint injuries, such as those that occur when playing sports or from an accident, can increase the risk of osteoarthritis. Even injuries that occurred many years ago and seemingly healed can increase your risk of osteoarthritis. If your job or a sport you play places repetitive stress on a joint, that joint might eventually develop osteoarthritis. Some people inherit a tendency to develop osteoarthritis. Some people are born with malformed joints or defective cartilage. Certain metabolic diseases (such as diabetes and a condition in which your body has too much iron (hemochromatosis)) can also be a factor in causing osteoarthritis.

- Rheumatoid Arthritis (RA) is a long-term, progressive, and disabling auto-immune disease. It causes inflammation, swelling, and pain in and around the joints and other body organs. It usually involves the same joints on both sides of the body. Common symptoms include stiff joints, especially upon getting up in the mornings or after sitting down for a while. Some people often experience fatigue and a general feeling of being unwell. The Rheumatoid Arthritis Support Network estimate that RA affects up to 1 percent of the world's population and over 1.3 million people in America. Home remedies include getting plenty of rest, exercise, a diet of varied

What Do You Know About Arthritis?

Types of Arthritis: (continued)

Rheumatoid Arthritis (continued)

fruits and veggies, applying heat or cold, and relaxation (meditation, guided imagery, deep breathing, and muscle relaxation)

- Psoriatic Arthritis (PsA) affects many people with psoriasis. Although the exact cause is unclear, many believe that it develops as a result of faulty immune activity. There are also certain triggers and risk factors for PsA, including exposure to cigarette smoke, cold weather, and age. According to the National Psoriasis Foundation, around 30% of people with psoriasis will develop psoriatic arthritis (PsA). Common triggers include: exposure to cigarette smoke, infections or skin wounds, severe stress, cold weather, drinking too much alcohol, and taking certain medications.

- Juvenile Idiopathic Arthritis: Also known as juvenile rheumatoid arthritis, it begins before the age of 16 years.

- Gout is a common type of arthritis that causes intense pain, swelling, and stiffness in a joint. It usually affects the joint in the big toe. It can come on quickly and keep returning over time, and can be extremely painful. Risk factors are hypertension, cardiovascular and obesity. According to the Centers for Disease Control and Prevention (CDC) report that 8.3 million Americans were affected by gout between 2007 to 2008. To help prevent flare-ups, lifestyle and dietary changes should be made: maintain a high

fluid intake of 2 to 4 liters per day; avoid alcohol, maintain a healthy body weight, and Decrease foods that are high in purines, to ensure that the levels of uric acid in the blood do not get too high.

- Lupus is a long-term autoimmune disease in which the body's immune system becomes hyperactive and attacks normal, healthy tissue. Symptoms include inflammation, swelling, and damage to the joints, skin, kidneys, blood, heart, and lungs. Lupus may develop in response to a number of factors: hormonal, genetic, environmental, or a combination of these. Lupus has a wide range of symptoms, including: fatigue, loss of appetite and weight loss; pain or swelling in joints and muscles; swelling in the legs or around the eyes; swollen glands, or lymph nodes; skin rashes, due to bleeding under the skin; mouth ulcers; sensitivity to the sun; fever; headaches; chest pain upon deep breathing; unusual hair loss; pale or purple fingers or toes from cold or stress (Raynaud's phenomenon); and arthritis.

- Ankylosing Spondylitis (AS) is a form of arthritis that mainly affects the spine, lower back, and sacroiliac joints. Some symptoms of this inflammatory condition are pain, stiffness, and a loss of mobility in the spine and lower back. The condition involves inflammation where the ligament and tendons attach to the bones of the spine and to bones of the peripheral joints, which are known as

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Ankylosing Spondylitis (AS) (*continued*)
the entheses. This inflammation results in increased bone formation in the spine, leading to bone fusion. In advanced cases, this can also lead to spinal deformity. Drug treatments and physical therapy can help relieve the symptoms. Physical therapy and exercises can help treat the symptoms and prevent or delay mobility limitations. A physical therapist will be able to design a program that can help a person maintain good posture and motion in the joints. This might consist of: daily exercises; special training to address areas of involvement; and therapeutic exercises.

For additional information on this article, go to <https://www.medicalnewstoday.com/articles/foods-to-avoid-with-arthritis>

5 Surprising Foods You Should Refrigerate

1. **Natural Peanut Butter:** Natural peanut butter is peanut butter in its purest form. In most cases it's solely ground-up peanuts and maybe a dash of salt. Because of its unrefined state, natural peanut butter acts a little differently than commercial peanut butter: In natural peanut butter, the oils from the peanuts can separate from the solids, something that doesn't happen with "regular" peanut butter thanks to the addition of hydrogenated oils or palm oil.

2. **Whole Wheat Flour:** The wheat germ in whole-wheat flour can go rancid quickly. Once opened, store your whole-wheat flour in the refrigerator or freezer for long-term use. A word of caution-whole-wheat flour has the tendency to pick up unwelcome flavors, so store

it in a plastic bag or air-tight container, and avoid storing it next to anything with a strong odor, such as fresh onions or garlic.

3. **Nuts:** Nuts are a great healthy snack option. Buy them in bulk and store them in your fridge (or freezer, if you want them to last even longer). The oils in nuts turn sour when exposed to heat, so unless you'll be eating them up within a month or so, they'll need to stay cool. The freezer is a great option: since nuts have very little water content, they never freeze rock solid and will last almost indefinitely stored there.

4. **Oils:** If you use your cooking oils quickly, you may not have to store them in the fridge. But if you buy oil in bulk or you have a few bottles, you may want to consider refrigeration. Most oils are fine unrefrigerated if you empty them within a month or two. But keep in mind that light, air and heat break down oil. Heat is especially problematic since cooks tend to store oil next to their stoves, where it's easy to reach when cooking. Keeping certain oils in your fridge may cause a harmless "cloudy" appearance and/or cause them to thicken. Bringing them to room temp will solve this problem.

5. **Butter:** Chances are you know someone who keeps butter out of the fridge to enhance its "spread-ability." But most people know that butter should live in the refrigerator-just maybe not where you think. That nifty little butter compartment on the door of your fridge is not the best place to store it. Opening and closing the door of the refrigerator can cause the average temperature to rise. The best place to store your butter is toward the back of your fridge where the temperature is more consistently cold.

-- from *EatingWell.com* --



Do or Die Mysteries

Murder in the Park, by C.J. Crowe

June 14, 2021



Come out for a fine dinner with murder on the side!

It's the Volunteer of the Year Awards party at Greenway State Park. The park's quirky volunteers are a bit distracted from the ceremonies this year. Rumor has it that the park is going to be privatized, which makes the volunteers almost universally unhappy. Tensions are running high. Could it lead to Murder - in the park?

Our venue, Hellas Restaurant, is located at 8498 Veteran's Highway in Millersville, Maryland 21108. Entree Options: Crab Cake, Jumbo Fried Shrimp, Chicken Souvlaki, Gyro Platter, Whiskey Steak Kebabs or Lasagna.

Cost: \$60.50 per person includes dinner, show, tax and nonalcoholic beverages. Gratuity on meal is included in the ticket price. Gratuities on alcoholic beverages purchased are appreciated. Cocktails are available.

6:30 PM Check in
7:00 Orders taken/dinner served
Show follows dinner
9:30 Show ends

Tickets are available by going to <https://doordiemystery.com/events/murder-in-the-park-at-hellas-restaurant-061421/>

or by calling the box office at (443) 422-3810. If you call the box office, and don't receive an answer, please leave a message. Covid has left us a little short staffed.

COVID-19 RESTRICTIONS: You don't need to wear a mask to the dinner show! Seating is still limited so get your ticket today.

Shows will be added in the event of a sell-out.



Why do we celebrate Flag Day on June 14?

In the United States, Flag Day is celebrated on June 14. It commemorates the adoption of the flag of the United States on June 14, 1777 by resolution of the Second Continental Congress. George Morris of Hartford, CT., is popularly given the credit of suggesting "Flag Day". The city of Hartford observed the day in 1861, carrying out a program of a patriotic order, praying for the success of the Federal arms and the preservation of the Union."



CHEF RUBY

Oven-Braised Kalua Mini Sliders

-- *EatingWell.com*, Oct 26, 2020 issue --

INGREDIENTS:

Lemon Simple Syrup

1/2 cup granulated sugar

1/2 cup water

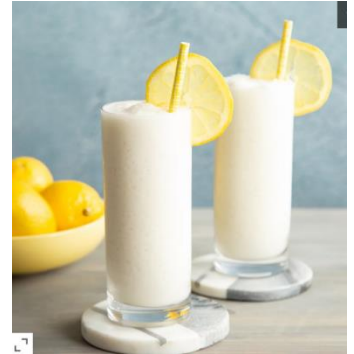
Zest of 1 lemon

Lemonade

1/2 cup freshly squeezed lemon juice (from 2 lemons)

1 cup full-fat coconut milk

2 & 1/2 cups ice cubes



DIRECTIONS:

1. To prepare simple syrup: Bring sugar and water to a simmer in a small saucepan over medium heat, stirring occasionally until the sugar dissolves. Stir in lemon zest and remove from heat. Cover and let steep for 1 hour, then strain the syrup through a fine-mesh sieve; discard the zest. (You'll have extra syrup; refrigerate for up to 1 week.)

2. To prepare whipped lemonade: Add 1/2 cup simple syrup, lemon juice, coconut milk and ice to a blender. Blend until the ice is crushed and the mixture is slushy. Divide between 4 8-ounce glasses and serve immediately.

Tip: To make ahead, refrigerate simple syrup (Step 1) in an airtight container for up to 1 week.

Nutrition Facts: Serving Size: 8 oz

Per Serving: 167 calories; protein 1.3g; carbohydrates 16.4g; dietary fiber 0.8g; sugars 13.4g; fat 12.1g; saturated fat 10.7g; vitamin a iu 2.1IU; vitamin c 13mg; folate 14.1mcg; calcium 13.2mg; iron 1.9mg; magnesium 28mg; potassium 156.9mg; sodium 8.3mg; added sugar 12.5g.



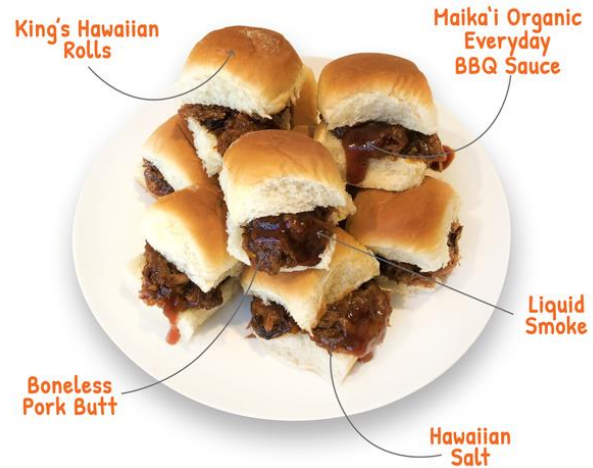
CHEF RUBY

Oven-Braised Kalua Mini Sliders

-- A Foodland Recipe, Submitted by Adele Rugg, Queen Diva
Dell-Lucious, Kihel, Maui, HI --

INGREDIENTS:

- 5 pounds boneless pork butt
- 3 tablespoons Hawaiian salt
- 1/2 tablespoon liquid smoke
- 1 cup maika'i everyday BBQ sauce
- King's Hawaiian rolls



DIRECTIONS:

1. Preheat oven to 350 degrees F.
2. Using a sharp knife, make shallow slits 1" apart across the top and bottom of the pork butt.
3. Rub the pork butt with the liquid smoke and Hawaiian salt -- massaging the seasoning into the slits.
4. Wrap the pork butt in aluminum foil tightly and place in a roasting pan with 6 cups of water.
5. Bake for 5 hours or until fork tender.
6. Allow pork to cool for about 15-30 minutes before removing it from the foil (be cautious of the steam).
7. Remove pork butt from foil, transfer to a bowl and shred using forks.
8. Cut the Hawaiian rolls and toast them in the oven at 350F for about 5-6 minutes.
9. Mix kalua pork with 1 cup of Maika'i Organic Everyday BBQ Sauce (you can add more if you'd like) and then stuff them between the toasted rolls. Serve.



CHEF RUBY

Shrimp & Asparagus

with Chinese Black Beans & Scallions

-- A Foodland Recipe, Submitted by Adele Rugg, Queen Diva
Dell-Lucious, Kihel, Maui, HI --

INGREDIENTS:

- 3/4 pound shrimp (u-15 or 21/25)
peeled and deveined
- 1/2 pound asparagus (woody parts
cut off, tender parts cut into eleven
2" pieces)
- 4 tablespoons Chinese fermented black
beans, roughly chopped
- 1 thumb size piece of fresh ginger,
peeled and chopped
- 3 scallions (cut into 1" pieces)
- 4 tablespoons vegetable oil
- Salt & fresh cracked pepper, to taste



DIRECTIONS:

1. Heat a 12-inch saute pan or wok to high heat.
2. When a few drops of water sizzle and evaporate in the pan, add in 2 tablespoons vegetable oil. When the oil shimmers, add the shrimp in a single layer. Season with salt and fresh cracked pepper.
3. Allow the shrimp to cook undisturbed for 2 minutes. Toss to flip the shrimp and cook for 3 minutes. Remove the shrimp from heat and place on a dish.
4. Reheat the pan and add in 2 more tablespoons of oil. When the oil is hot, add in the asparagus and stir-fry for 2 minutes. Add in the black beans, ginger and scallion and toss.
5. Add the shrimp back into the pan and toss to combine.
6. Serve with steamed or fried rice.



CHEF RUBY

Pulehu Chicken Thighs

*a Foodland Recipe submitted by Adele Rugg, Queen Diva
Dell-Lucious, Kihel, Maui, HI --*

INGREDIENTS:

- 1 pound boneless skinless chicken thighs
- 1 tablespoon of your favorite pulehu salt seasoning; recommendation: ono seasoning *)
- 1 tablespoon sesame oil
- 1 tablespoon shoyu (soy sauce)
- Juice of half a lemon



DIRECTIONS:

1. Combine ingredients and marinate for 20 minutes or overnight.
2. Grill the chicken pieces until done and the internal temperature is 165F.
3. Add a drizzle of sesame oil and a squeeze of lemon.
4. Serve with your favorite sides like rice, ume, kim chee or potato salad.

* Ono Hawaiian Seasoning is available through [amazon.com](https://www.amazon.com)



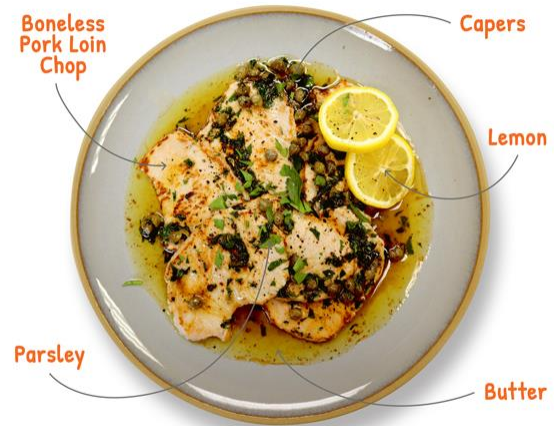
CHEF RUBY

Pork Cutlet with Caper Brown Butter Sauce

*a Foodland Recipe submitted by Adele Rugg, Queen Diva
Dell-Lucious, Kihel, Maui, HI --*

INGREDIENTS:

- 4 boneless loin chops, thin-sliced
- 2 tablespoons vegetable oil
- 1/4 pound unsalted butter (slice into 1/4-inch pieces)
- 4 tablespoons capers
- 4 tablespoons fresh Italian parsley, chopped
- 1 lemon
- Salt & pepper, to taste



DIRECTIONS:

1. Pat the pork loin chops dry, season with salt and pepper.
2. Heat a 12-inch non-stick pan to medium high.
3. Place a few drops of water in the pan, and when it sizzles and evaporates, add in the vegetable oil.
4. Once the oil starts to ripple, add in the pork loin chops. Brown the chops on one side, cooking for 3 minutes. Turn over and allow to cook for 3 minutes more. Remove and place on a serving plate.
5. Pour out any excess oil from the pan then place back on the stove.
6. When the pan reheats, add in the butter to melt. When the butter melts and starts to lightly brown (it will start to smell nutty), immediately remove from the heat and add in the capers and parsley.
7. Cut the lemon in half. Squeeze in the juice of half a lemon.
8. Pour the sauce over the pork loin chops.
9. Take the remaining lemon and cut wedges and serve with the pork.

Serve with pasta, mashed potatoes or rice pilaf

PHOTO OPS

Scarlett O'Hatters of Reisterstown, MD
May 5, 2021 in Crofton, MD

-- submitted by Norma Bosley, Co-Queen, Scarlett O'Hatters of
Reisterstown, MD

The Scarlet O'Hatters met at Vivian Freeman's for an outdoor luncheon on April 18. It was so nice to see our ladies!

Pictured: Norma Bosley, Carole Diffendal, Mary Pistritto, and Rosemary Owings.

In attendance (but no photo) were Vivian Freeman and Louise Wiley.

We were so excited to be together that we forgot to take more photos!



MORE PHOTO OPS

Red Hatters 1st Wednesday of the Month, May 5, 2021 in Crofton, MD

-- submitted by Elizabeth Wiggans, Queen of the Happy Hatters, Bowie, MD -

Finally together again after 14 months... our waiter was happy to see us. Fourteen ladies showed up for lunch. It felt good to be talking and laughing with a group of friends again. As you can see from the photos the rules had loosened some since we planned the event so 10 of us were able to sit at one table.



19



Happy Birthday Ann McElroy!



MORE PHOTO OPS

The Baltimore Belles of Dundalk, MD Red Hat Mothers Day Luncheon

-- submitted by Queen Adrena Vann, Baltimore Belles of Dundalk, MD --

Hats off to the Queens Adrena Vann (Baltimore Belles of Dundalk) and Anna Carey (Dundalk Divas), who hosted this Red Hat Mother's Day Luncheon on 05/04/21 at Sparrows Point Country Club in Dundalk, MD.



MORE PHOTO OPS

As Red Hats, we always get attention. My chapter, The Regal Purple Diamonds, was enjoying an outdoor lunch in Toms River, New Jersey. We passed a biker couple and they asked the name of our chapter. When they heard the word purple, the man got so excited he wanted us to see his beautiful purple bike and take a photo. We always feel like celebrities.

-- submitted by Ambassador/Queen
Debbi Castellano, Queen Purple
Sunflower of the Regal Purple Diamonds
Toms River, NJ --





We did it again, the Red Hat Ladies w/Klass & Sass celebrated another birthday for one of our beloved members . On Saturday, May 22nd we celebrated the birthday of Countessa of Creativity, Arlene Wilder. We enjoyed a very nice lunch on the terrace of the Stanford Grill, in Columbia, MD. It was nice getting out and seeing each other again. (After COVID-19 kept us apart for go long!) HAPPY BIRTHDAY ARLENE 🎂 (May 18th)

-- submitted by VQ Duchess of Fashion, Frances Williams, The Red Hat Ladies
w/Klass & Sass --

MORE PHOTO OPS

The Regal Purple Diamonds of Toms River, NJ Garden Tea Party

-- submitted by Ambassador/Queen Debbi Castellano, Queen
Purple Sunflower of the Regal Purple Diamonds Toms River, NJ

--

The Regal Purple Diamonds of Toms River, NJ had their second COVID-safe event outdoors on the porch of The Mathis House for a Garden Tea Party. There were 10 of us present at this event. We are starting to get together and are planning two events a month, outdoors, weather permitting. Hopefully, when we feel things are better, we will go indoors. Most of us had the vaccine or plan to get one in the future. Ambassador/Queen Debbi Purple Sunflower is holding our banner.



MORE PHOTO OPS

The Scarlett Hatters of Rumsey Island, Joppa, MD
Christmas in May 2021!

-- submitted by Queen Bev Kott, Scarlett Hatters of Rumsey
Island, Joppa, MD --



The Scarlett Hatters of Rumsey Island waited until all were vaccinated to celebrate CHRISTMAS at 510 Johnny's in May of 2021. Pictured from left to right: Mary Carol Bruff, Pat Kozlouski, Dottie Bishoff, Nancy Wasmus, Rosemarie Vaccaro, Queen Bev Kott, Vice Queen Vicky Mitchell, Karen Contee, Barbara Ledford, and Nancy Sause. Not pictured were Lorraine Znanmerowski, Pam Quinn, Tina Sharff, Mary Hebermehl, and Dee Kozlowski.

Gifts were exchanged, games were played, food and drink for all!





Tara Tank Top Short Dress

Cost: \$39.99

In every Red Hatter closet, there needs to be this sweet little dress for all occasions. Dress casual or classic by adding a jacket, beaded collar, or shawl.

- * "A" cut style - makes for a flattering look
- * Wrinkle-free - Travel-friendly!
- * 96% Polyester & 4% Spandex
- * Hand or machine wash in cold water, hang to dry

Sizes: S, M, L, XL, 2X & 3X - Nancy wears a size "L"
Small (4-6), Med (8-10), Large (12-14), XL (16-18) 2X (20), 3X (22)

Tara Fashion Top

Cost: \$39.99

Exclusive to Royal Splendor

Special style just for our wonderful Royal Splendor customers!

- * Flattering body cut
- * Asymmetric body
- * 3/4" Sleeve
- * Made in the USA
- * Travel-friendly
- * 94% Poly & 6% Spandex
- * Machine washable, lay flat to dry

Sizes: S, M, L, XL, 2X & 3X - Nancy wears a size "L"
Small (4-6), Med (8-10), Large (12-14), XL (16-18) 2X (20), 3X (22)



Items from Royal Splendor

www.royalsplendor.com

Phone: 866-212-9983



Everleigh Peacock Fashion Top

Cost: \$39.99

Exclusive to Royal Splendor

Special style just for our wonderful Royal Splendor customers!

*Flattering body cut

*3/4" Sleeve

*Made in USA

*94% Poly & 6% Spandex

*Machine washable, lay flat to dry

Sizes: S - 3X, Nancy is wearing a large in this picture.

S (4-6), M (8-10), L (12-14), XL (16-18), 2X (18-20)
3X (20-22)

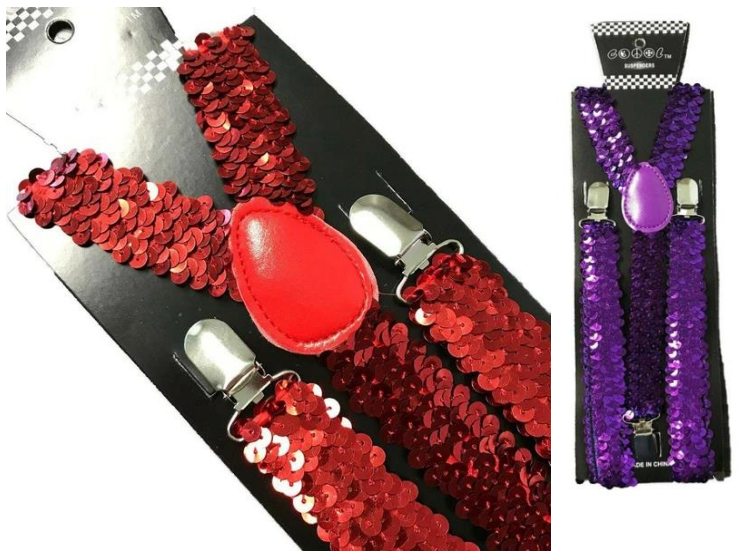


Cowgirl Flashing Boot Pin

Cost: \$3.69

LED Colors: Red/Blue

Batteries: includes 2
replaceable CR927 batteries



Sequin Suspenders

Cost: \$8.99

Adjustable

Shimmering red or purple sequins



Items Available at The Red Hat Society Store

<https://redhatsocietystore.com/>

Phone: 866-544-2114

11 oz Ceramic Mug



RHS Nana Ceramic Coffee/Tea Mug ♥

GREAT GIFT UNDER 20 DOLLARS: This is an excellent gift for Red Hat Society. You can also use this as retirement gifts for office friends and many more occasions. Suitable for birthdays, holidays, work anniversaries, promotions and appreciation gifts.

Cost: \$14.95

Belle Feather Hat Wrap

\$24.99



Available:
Red, Purple & Pink



Dress up your favorite hat with our Belle Feather hat wrap.

- *Flashing lights
 - *Snap-on a 9V battery and you're ready to go
 - *The front feathers will light up for hours of fun
 - *Two metal clips are on the end of the wrap to hook into your hat
 - *Assorted feathers
 - *Comes in: Purple, Red & Pink
- Needs 9-volt battery
Battery and hats not included

Reeba Red Dress Pin



Gold-plated
Size: 1.75"h x
1.25"w

\$4.99

Patty Peacock Collection



Starting @
\$44.99



Items Available at The Red Hat Society Store

<https://redhatsocietystore.com/>

Phone: 866-544-2114



RHS Initials Locket:

Red hat society stainless steel 30mm locket with dark purple enamel trim and aluminum disc. Rhinestone encrusted RHS initials and related charms inside with 26" sterling silver chain. RHS licensed product.

Cost: \$19.99



RHS Pajama Set:

Red Hat Society Logo Pajama Set includes 1 v-neck tee in white and 1 pj pant. 100% cotton v-neck tee printed with the Red Hat Society Logo in red or purple print. Perfect for lounging around in style, these pants are carefully crafted from soft fabric blends of polyester, cotton, rayon striped heathered tri-blend jersey. With a roomy fit, this cozy wide-leg pant features a feminine wide smocked waistband with elastic stitching and 2 back pockets. It's an all-time choice for relaxing in style. Ladies sizes S-XXL.

Cost: \$48.00



Items Available at The Red Hat Society Store

<https://redhatsocietystore.com/>

Phone: 866-544-2114



Custom Chapter Tank Shirt from \$24.99



Flamingo 2020 Tank Shirt from \$22.99



Believe in the Hat Tank Shirt from \$26.99



Americana Fireworks Tank Shirt from \$26.99

Many shirts available in red, purple, pink and lavender

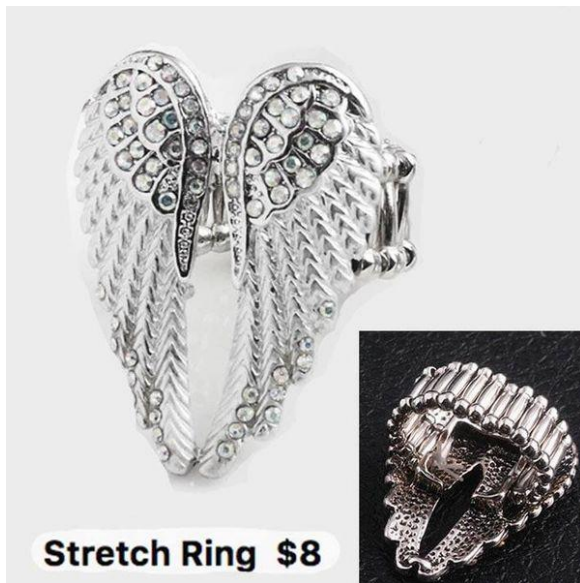


Items Available Red Hat Regalia

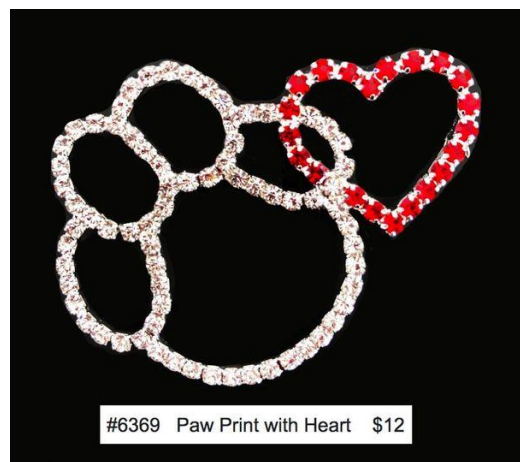
<https://www.facebook.com/groups/1395418484045715>

Contact Diane & Doug Wieboldt

redhatregalia@gmail.com



Only these states are available – no others



A BLAST FROM THE PAST

Old Ads – How Did We Survive

-- Submitted by Elna Swofford, Queen Travelsalot, Duchesses of Bedford, Oakton, VA

**So Pure
You can eat it**

Vaseline
White Petroleum Jelly

10 CENTS

LOOK FOR THE TRADE MARK

CHESEBROUGH MFG. COMPANY
NEW YORK, U.S.A.
MADE IN U.S.A.

**KEEP YOUNG
AND ATTRACTIVE**

Use a Few Boxes of
**Dr. Campbell's Safe Arsenic
Complexion Wafers**

they produce a firm glowing skin of wondrous youthful beauty. All pimples, wrinkles, blackheads, sallowness and all facial blemishes disappear in a short time as if by magic. You may have little or no success with other things you have tried—but no matter how skeptical you may be, try Campbell's Wafers, you will not be disappointed. It is remarkable, but true, Campbell's wafers have been universally successful as thousands of users testify. Physicians recognize there is but one way to beautify the skin and complexion, that is by purifying the blood, that is exactly what Campbell's Wafers do—impure blood is the real cause of all skin troubles. 50 cents and \$1.00 per box postpaid in plain cover from

**RICHARD FINK CO., Dept. 93,
396 Broadway, N. Y.**

*Isn't it time
you gave
yourself a
Christmas
Gift?*

While you're making everybody happy . . . do a good job and include yourself!

Give yourself a present you've probably wanted for years—a fine Colt handgun. Whether you're a target shooter or a plinker, there's a Colt made especially for you, and you'll take a very special pride in owning it. Pride, too, in calling your shots, time after time, with a Colt.

Shown here are three of the most famous handguns ever made.

**MATCH TARGET
WOODSMAN**
\$84 Caliber .32 Long Rifle

A heavy-barreled, precision automatic with perfect balance and sights permitting the finest adjustment. Barrel 4" (optional, 4 1/2"). Single Colt ACCO Rear Sight, elevation and windage click adjustment. Custom type stocks with thumb

BUTTER
GOOD AND GOOD FOR YOU

**YOUR NUTRITION TIP:
BUTTER IS SLIPPERY.
THAT'S WHY WE EAT
AS MUCH AS POSSIBLE
TO LUBRICATE OUR
ARTERIES AND VEINS.**

**NICO TIME
CIGARETTES**

**THE
SMOOTH
TASTE
EXPECTANT
MOTHERS
CRAVE!**

**BERNARD
DEHYDRATED
WATER**

EMPTY CONTENTS OF CAN
INTO
ONE GALLON OF WATER.
STIR UNTIL DISSOLVED.
CHILL AND SERVE.

MANUFACTURERS AND DISTRIBUTORS TO
The Nation's fine eating establishments

GENERAL OFFICES
BERNARD FOOD INDUSTRIES, INC.

A BLAST FROM THE PAST

Old Ads – How Did We Survive

-- Submitted by Elna Swofford, Queen Travelsalot, Duchesses of Bedford, Oakton, VA

Hoover
Give Her a Present and Give Her the Best!

Christmas morning she'll be happier with a Hoover

Hoover

1 in Sales
Hoover's great dust suction, extra power, and extra wide cleaning path make it the greatest vacuum cleaner in the world. It's the only Hoover that has a Motor for the Motor! Hoover is the only vacuum cleaner that has a Motor for the Motor! Hoover is the only vacuum cleaner that has a Motor for the Motor!

THE HOOVER COMPANY
New Canaan, Ohio

CURVES OF YOUTH

will be yours if you will
"Pull the Cords"

Gives the Flesh the Resiliency and Freshness of Youth

PROF. MACK'S Chin Reducer and Beautifier

Prevents Double Chins

Effaces Double Chins

Reduces Enlarged Glands

The only mechanism producing a concentrated, continuous massage of the chin and neck, dispelling flabbiness of the neck and throat, restoring a rounded contour to thin, scrawny necks and faces, bringing a natural, healthy color to the cheeks, effacing lines and wrinkles. Price only \$10. What better investment could be made? Sent postpaid immediately.

Free Booklet
—giving valuable information on how to treat double chin and enhance facial beauty will be sent on request. Write at once to

Prof. Eugene Mack
507 Fifth Ave. Suite 1004 New York

NO FLIES ON ME

THANKS TO DDT

Black Flag, long preferred by housewives everywhere for quickly killing flies and mosquitoes on contact, now does *double duty*. The amazing DDT ingredient now in Black Flag stays on walls, floors, doorways to keep on killing flies for weeks! To use wonderful DDT safely and effectively in your home use only a well-known and reliable insecticide—ask for Black Flag.

5% DDT
In Black Flag Insect Spray

10% DDT
In Black Flag Powder

Ask for it by NAME

For a better start in life start **COLA** earlier!

How soon is too soon?

Not soon enough. Laboratory tests over the last few years have proven that babies who start drinking soda during that early formative period have a much higher chance of gaining acceptance and "fitting in" during those awkward pre-teen and teen years. So, do yourself a favor. Do your child a favor. Start them on a select regimen of sodas and other sugary carbonated beverages right now. For a lifetime of guaranteed happiness.

The Soda Pop Board of America
1575 W. 94th Ave. - Chicago, Ill.

FREE for CHUBBIES

Fall and Winter Fashion Book full of charming Chubby-size Clothes

Girls' sizes 8½, 10½, 12½, 14½
Teen sizes 10½, 12½, 14½, 16½

It pictures the newest dresses, coats, suits, sweaters, underthings, skirts, blouses for girls and 'teens too chubby to fit into regular sizes (and everything is priced the same as "regular sizes").

Lane Bryant

WOMEN! Keep Your Mimsy Clean

A daily wash with new Lux kebab soap (for women) will freshen up your flaps and stop it stinking like an old kipper.

LUX KEBAB SOAP

Ask your doctor today

COCAINE TOOTHACHE DROPS

Instantaneous Cure!
PRICE 15 CENTS.

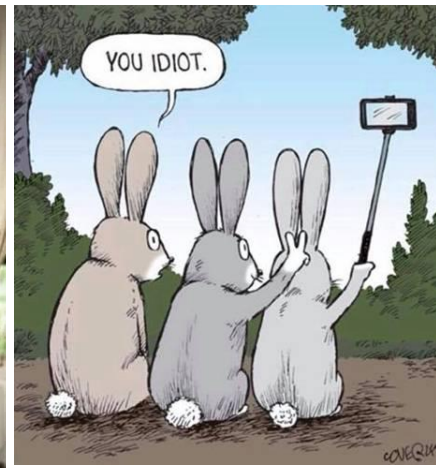
Prepared by the
LLOYD MANUFACTURING CO.

219 HUDSON AVE., ALBANY, N. Y.

For sale by all Druggists.
(Registered March 1885.) See other side.

KEEP CALM AND READ FOR PLEASURE

-- submitted by Kate Eustice, Duchess of Dickens, Red Hat Dancers, Lanham, MD --



KEEP CALM
AND
READ FOR PLEASURE

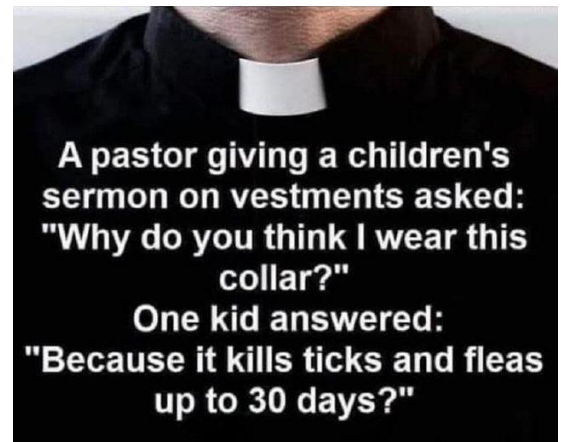
-- submitted by Kate Eustice, Duchess of
Dickins, Red Hat Dancers, Lanham, MD --



My doctor said only
one beer a day



So I ordered only one



I'm fairly certain
that the person
who put the first r
in February
also decided
how to spell
Wednesday.

Grammarly Cards



Just as the graveside
service finished,
there was a distant lightning
bolt accompanied by a
tremendous burst of
rumbling thunder. The
little old man looked at
the pastor and calmly
said, "Well, she's there
and it's His problem
now."

**KEEP
CALM
AND
READ FOR
PLEASURE**

-- Submitted by Barbara Peterson, Queen Blingsalot, Sweet
Elite Tarts, Stewartstown, PA --

Even if you were really, really late for
wherever you were going....wouldn't you
just HAVE to wait and see what happens
when he drives off?



KEEP CALM
AND
READ FOR PLEASURE

-- Submitted by Barbara Peterson, Queen Blingsalot, Sweet Elite Tarts, Stewartstown, PA --

This is when you know absolutely, positively, without a doubt, for sure...

That the TRAIN AIN'T COMING!

INSTIGATOR



Obey all Posted Signs



KEEP CALM
AND
READ FOR PLEASURE

-- Submitted by Berlyn Wheeler, Queen of the Chesapeake Bay Babes, Edgewater, MD --



I'M SO OLD
I REMEMBER
MULTIPLICATION
WAS CALLED
"TIMES TABLES"



KEEP CALM
AND
READ FOR PLEASURE

-- Submitted by Berlyn Wheeler, Queen of the Chesapeake Bay Babes, Edgewater, MD --



ONE MINUTE YOU'RE **21**, STAYING UP ALL NIGHT DRINKING BEER, EATING PIZZA AND DOING SKETCHY STUFF JUST FOR FUN.

THEN...

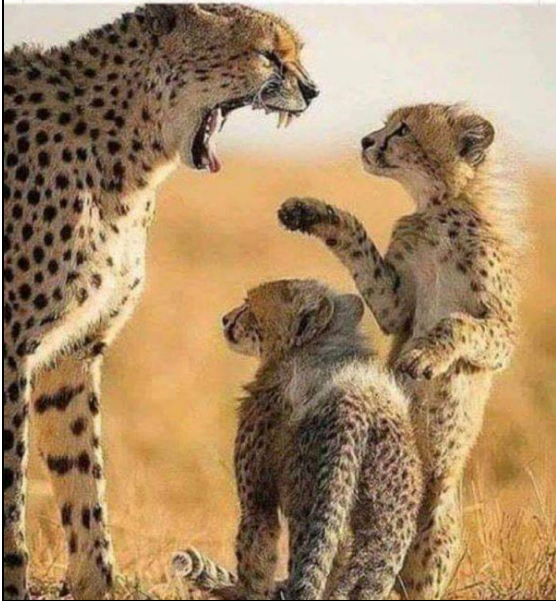
IN A BLINK OF AN EYE YOU'RE **50**, DRINKING WATER, EATING KALE AND YOU CAN'T DO ANY SKETCHY STUFF, BECAUSE YOU PULLED A MUSCLE PUTTING ON YOUR SOCKS.



KEEP
CALM
AND
READ FOR
PLEASURE



Somehow I think this translates to sit your
ass down



REMEMBER WHEN WE HAD
TO SMACK THE TV
BECAUSE THE CHANNEL
WASN'T COMING IN CLEARLY?
I FEEL THAT WAY ABOUT FAR
TOO MANY PEOPLE.

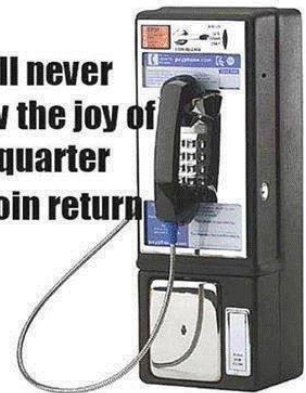
I'M AT THAT DELUSIONAL
AGE WHERE I THINK
EVERYONE MY AGE LOOKS
WAY OLDER THAN I DO

Kids exploring ancient ruins



Why don't I have
any tattoos?
For the same reason
you don't put a
bumper sticker on a
Ferrari.

My kids will never
know the joy of
finding a quarter
in the coin return



KEEP CALM AND READ FOR PLEASURE

REBELS MARKET

I MIGHT WAKE UP EARLY AND GO RUNNING. I ALSO MIGHT WAKE UP AND WIN THE LOTTERY. THE ODDS ARE ABOUT THE SAME.

Buy & Sell Fashion for MisFits at RebelsMarket

Accidentally went grocery shopping on an empty stomach and now I'm the proud owner of aisle 4.

I wonder why we are so so obsessed with trying to find intelligent life on other planets, when we can't even find intelligent life here?



Finally I understand why cars have these things...



funny.co

No one is above suspicion.



Finally making realistic mannequins in the men's department.



Just for Fun

Trivia for Seniors:

1. What musical instrument was once called a sackbut?
2. In golf, what is a score of one stroke over par on a hole?
3. What nickname was given to the Model T Ford motor car?
4. Robert Leroy Parker and Harry Longbaugh were the real names of what Old West pair of outlaws?
5. Born on May 11, 1888, which songwriter composed the songs "Cheek to Cheek", "Easter Parade" and "Let's Face the Music and Dance"?
6. How many permanent teeth should an adult have?
7. What part of the cat is called the Vibrissae?
8. The characters of Hotlips Hoolihan and Radar appeared in which American TV series?
9. In Rudyard Kipling's 1894 collection of stories, "The Jungle Book", what type of creature is Riki-Tiki Tavi?
10. What inert gas is used in fluorescent lights?
11. From which fish does caviar come?
12. The axilla is the anatomical name for which part of the human body?
13. Who produced the movie, "The Birds" in 1963?
14. From which flower is vanilla extracted?
15. In which 1967 film did Sidney Poitier play the character of Virgil Tibbs?

Riddles:

1. How can you make a line longer without even touching the line?
2. We are dashed by some and poured by others. We are served as a set for food lovers. Beware that your food can get spoilt if we are too much. But your dish will be flat if we are less. What are we?



Famous Fathers:

Here are the fathers' names. Can you name their sons?

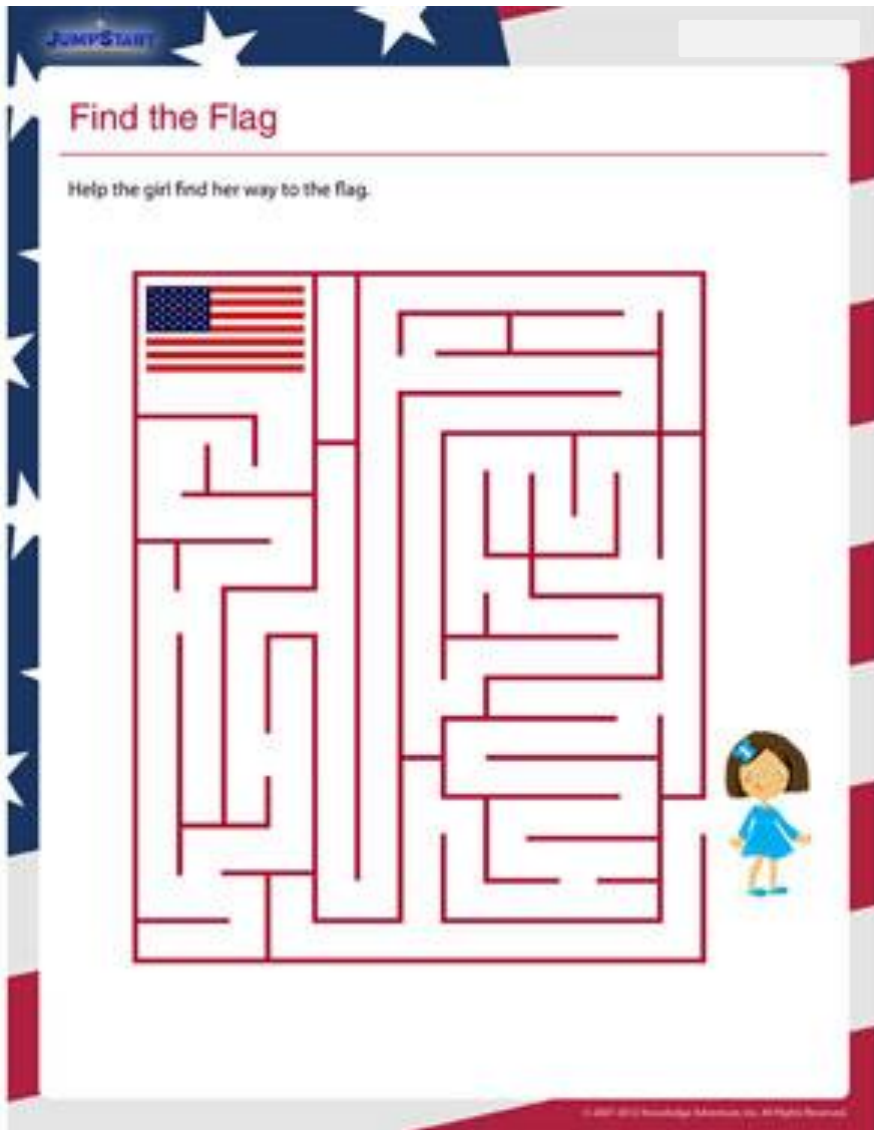
1. George W. Bush's (#45) dad is _____
2. John Quincy Adams' (#6) dad is _____
3. Emilio Estevez' dad _____
4. Michael Douglas' dad is _____
5. Angelina Jolie's dad is _____

Answers to Riddles: 1. By making a shorter line next to the original line. Now the original one is the longer one!
2. Salt and pepper

Famous fathers: 1. George H. W. Bush (#41); 2. John Adams (#2); 3. Martin Sheen; 4. Kirk Douglas; 5. Jon Voight

Answers to Trivia:
1. Trombone; 2. Bogey; 3. Tin Lizzie; 4. Butch Cassidy & the Sundance Kid; 5. Irving Berlin; 6. 32; 7. Whiskers; 8. M.A.S.H.; 9. Mongoose; 10. Argon; 11. Sturgeon; 12. Armpit; 13. Alfred Hitchcock; 14. Orchid; 15. "In the Heat of the Night"

More Just for Fun



Rabbits jump and they live for 8 years.
Dogs run and they live for 15 years.
Turtles do nothing and live for 150 years.
Lesson Learned.



Life is short.
Smile while
you still
have teeth.

So I just saw a donkey crossing the road. The cool thing was he looked both ways before crossing.
What a smart ass.