

# VOLUME VI-4, APRIL 2021

#### From the Editor:

Happy April to Red Hat sisters everywhere! Social Distancing Bingo seems to be the on-line rage (Facebook, Instagram and Internet). There are some bingo cards in the "Just for Fun" section that you can play with those chapter ladies who don't have a computer. Print the sheets and mail them to your RH sisters. Go to https://www.bustle.com/p/how-to-play-social-distancing-bingo-on-instagram-22758824 to learn how to play bingo on Instagram.

If you have ideas for articles, please pass the topics to me. Thanks to those once again who sent me items for this issue. I have received quite a few comments from our readers that they are enjoying the issues with much laughter. I too get a kick out of much of the memes and funny stories I receive. Sorry if some are repeats. I get a lot of those and my memory is full.

It's so nice to see Red Hat events being added to the schedule. Check them out on pages 2 and 3.

**CHALLENGE FOR MAY**: Make one or more of the recipes from this or any previous 2021 issue, then send a photo and a review.

May's issue is under construction so get those memes, photos, jokes, games, etc. in by Apr 26.

There's a light at the end of the tunnel. Soon we will be hattin' together once more. Until then, keep on hattin' but do it virtually and safely!

Judy Litke
moonrockB@aol.com

# MONTHLY 1st Wednesday Lunch in Maryland

All Red Hatters: These monthly events, normally held at the Nautilus Diner in Crofton, MD, have been canceled until further notice.

#### For additional information:

Beth Wiggans, 301-805-5182 wiggansbeth@gmail.com

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#### **Funny Red Hat Jokes and Puns:**

- 1. Did you know garden gnomes wear little red hats? It's a little gnome fact.
- 2. What do you call a white hat that's been dipped into the Red Sea? A wet hat.

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#### From "doozylist.com

- My bed is a magical place where I suddenly remember the things I forgot to do.
- If I won the award for laziness, I would send somebody to pick it up for me.

**DEADLINE** For May Newsletter Articles: **April 26, 2021** 

# Upcoming Red Hat Events

# \* For Supporting Members Only

**NOTE:** Send an e-mail to **moonrockB@aol.com** if you need a copy of any announcements on this page.

# Contact the hostess to determine whether the event is still a "go".

**Apr 24, 2021:** EMQC Birthday Party, Hilton St. Louis Airport, Theme: Derby Day & Reverse colors (red bottom with purple hat); cost is \$40; payment due Apr 10, 2021

Apr 28, 2021: The Red Hat "Roaring '20s Birthday Bash, hosted by the Lehigh Valley Queen's Council of the Red Hat Society, Bethlehem, PA (NOTE: event has been postponed from Apr 22 to Apr 28)

May 6-9, 2021: RHS 2021 International Convention, Flamingo Fling, Palm Desert, CA \*

May 13-16, 2021: Florida FUNvention, in West Palm Beach, FL

May 20-23, 2021: Wisconsin Hatvention, hosted by multi-chapters in Wisconsin

Jun 6-8, 2021: "Celebrate! Vision 2021", at the Grand Hotel, Mackinac Island, MI (Event is full; Wait List) \*

**Jun 7-14, 2021:** "Get Lost" Cruise with the Star Sisters, depart Cape Liberty, NJ, travel to Hamilton & St. George Island, Bermuda, and return to Cape Liberty, NJ

**Jun 12, 2021:** Ladies in Red 5<sup>th</sup> Anniversary Celebration; Marriott St. Louis AP, 2021 Theme: Fashionistas (red bottom with purple hat) Chapter Members Fashion Show Using Birthday Gifts; \$40 payment due by Jun 1, 2021

# Upcoming Red Hat Events (Continued)

**Jul 9-11, 2021:** 19<sup>th</sup> Annual Branson Red Hatters Original Fling 2021, Theme: Boots & Bling, in Branson, MO

**Jul 17, 2021**: "Pretty in Paris" Luncheon,, hosted by the Belles of Scarlett, Charlotte, NC

Aug 14, 2021: Theme: All Hail the Queen – New Queen Coronation (Regalia – purple bottom and red hat); \$40 payment due by Aug 3, 2021

Aug 27-29, 2021: Virginia FUNvention REBOOT, theme will be "Back to the Future", hosted by the Mad Hatters of Stafford \*

**Sep 9-11, 2021:** 2021 Florida Sunshine State Extravaganza, hosted by Christine Towers, FQM, in Kissimmee, FL. For info contact: Christine Towers, primetimebelle@aol.com

Sep 30-Oct 3, 2021: 2021 Georgia Red Hat Jubilee, "Puttin' On the Glitz", hosted by the Georgia Red Hat Jubilee Council, in Stone Mountain, GA \*

Oct 1-3, 2021: South Dakota Red Hat State Convention, hosted by the Chatty Hatters of Estelline, in Brookings, SD. Any questions -- contact me at chark@itctel.com or call (605) 360-2771).

Oct 8-10, 2021: Iowa Red Hat State Convention, Burlington, IA (forms and details will be available soon)

Oct 28, 2021: The Red Hat Witches Ball, hosted by the Lehigh Valley Queen's Council of the Red Hat Society, Bethlehem, PA

Nov 5-7, 2021: Ladies in Red St. Louis FUNvention, Theme: Amateur Night at the Apollo (Regalia), in Bridgeton, MO. NOTE: \$250 payment deadline Oct 25, 2021 (payment plan available)

# Upcoming Red Hat Events (Continued)

# \* For Supporting Members Only

**NOTE:** Send an e-mail to **moonrockB@aol.com** if you need a copy of any announcements on this page.

# Contact the hostess to determine whether the event is still a "go".

Jan 7-9, 2022: "Let's Paint the Town Red", hosted by the Southern Bellas Travelers Rest, SC, in Myrtle Beach, SC \*

Feb 25-27, 2022: "Red Hat Land Cruise, with "stops" in New Orleans for Mardi Gras; Under the Sea for lunch; and a Captain's Ball, Baltimore, MD \*

**Apr 26, 2022:** "Victorian Birthday Party", hosted by South Central Queens Council, Wichita, KS (no details yet)

**Sep 9-11, 2022:** "Biennial Red Hat Convention, hosted by South Central Queens Council, Wichita, KS (no details yet)

Sep 24-Oct 1, 2022: Trip to Dubai, hosted by The Classy Ruby Red Hat Ladies, cost of \$1892 includes round trip airfare, hotel, breakfast daily, airport transportation, and 3 excursions. For additional info and registration info, contact Queen Juanita Brooks (302-632-3355); Vice Queen Norma Branker (302-387-1660); or Bonnie Harden (804-839-4443)

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## The Cicadas are Coming...



It's been 17 years and they are coming back this summer. They will be screeching at deafening levels. They will be stripping trees and flying at us. Their carcasses may end up on your doorstep. Are you ready?

**A Note from B&B** (of the B&B Queens Council):

Greetings from Berlyn and Beverly! We hope today finds each of you well and safe. It's been a long and difficult year but we are hoping the beginning of Spring will be a turn around point and allow us to begin to resume our Red Hat journey. It definitely will be a different way of having fun but we will sort it out as we go along. We have renewed the B&B Queens Council as an official Red Hat Chapter for another year so we can continue to stay in touch.

Each of us has been affected, some more so than others, by COVID-19. Many have lost family members, friends, neighbors, chapter members and the list goes on. Each of us have learned a good bit about ourselves as well. Each of us has learned to adjust and be more creative. Each of us has learned to not take our daily lives for granted. All of these lessons have been expensive. That being said, lets begin to move forward.

It is our hope to be able to get together as soon as guidelines allow and renew friendships and enjoy each others company. If you have any suggestions we are more than happy to hear them.

Many thanks to Judy Litke for editing and sending out our monthly newsletters. They have been filled with interesting articles, games, quizzes, and don't forget all those jokes. Reading it is a fantastic way to stay connected. We hope you enjoy reading it.

We thank our newsletter contributors too. Keep sending in your recipes and funny side pieces!

Beverly & Berlyn

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# Save the Date -Red Hat Society On-Line Events \*



Come and join your Hatquarters Team for the monthly Zooms! Each month, RHS will be discussing upcoming events, Lifestyle Speaker Series, updates on the company, and so much more! They also want to hear from our Members! So be ready to share! Think of it as a Girls Day In!



#### **Zoom with Hatquarters**

Meeting ID: 853 0037 1300

Passcode: RHS2021

April 7, 2021

10 AM PST 12 PM CST 1 PM EST





RHS Lifestyle Speaker Series – To be determined

**April 28, 2021**10 AM PST 12 PM CST 1 PM EST

**NOTE:** You must pre-register for each Lifestyle Speaker session so the link will be forwarded to you.

\* NOTE: You must be a paid supporting member of the RHS to receive the e-mails announcing these events or to access info on the RHS web site.



#### Marilyn Peller:

Marilyn Peller, passed away on February 3, 2021. She was a Charter Member of Purple Orchids of Montgomery County (MD).

I met Marilyn in 1996 at Next Step, a widowed group. A number of couples came out of that group, including Marilyn and her new husband Elton and my fiancé Jerry and me (Bev). We all became good friends and over the years enjoyed many dinners and celebrations. In 2005 Marilyn became a charter member our newly formed (in my kitchen) Red Hat Ladies and we called ourselves The Purple Orchids.

Marilyn was the Vice Mother, calling herself Empress Bessie Ann. She loved participating in our activities and took an interest in the members. She was a kind & considerate friend, always caring about how the ladies and their families were doing.

Several years ago, Marilyn developed Parkinson's Disease and in 2019 she started really declining. She finally had to reside in a nursing home.

Marilyn is survived by her loving husband Elton, two daughters, a son, and a stepdaughter, and numerous beloved grandchildren. She will be truly missed by her family, friends, and her Purple Orchid sisters.

Bev Soodak, Hysterian Purple Orchids

#### Photos:

Top left to right: Ruth Wicker and Marilyn Middle: Sharon Rifkin on left, Marilyn on right Bottom: Our 1st chapter planning meeting - left to right Marilyn, Janice Williams, Harriet Tempchin, Queen Jackie Hoffman, Judy Karo. And Bev Soodak (Bev "had to run around the house finding red hats for all – for our 1st picture.")









# 10 Best Healthy Snacks, According to Dietitians

A walk down the snack aisle can leave your head spinning. From new-to-the market snacks made from the vegetable du jour (cauliflower everything, we see you!), to front of package health claims like "low sugar," it can be hard to decipher what's actually good for you and what might just be really good marketing. But your snacking habits can significantly impact your day. "Snacking is a good way to tame hunger if you're going more than four to five hours between meals," says Samantha Cassetty, M.S., RD. To build a satisfying snack that keeps you full between meals, aim to get a mix of protein, fiber, and fat (or at least two of the three). (See our 10 best snacks for weight loss on page 8.) Snacks are also an opportunity to "boost your intake of nutritious food groups like fruits and vegetables as well as key nutrients like fiber," notes Beth Stark, RDN, LDN. While whole foods are a sure way to boost your nutrient intake, many packaged snacks can contribute important nutrients and keep hunger at bay, too. (Learn about the best and worst late night snacks, according to a dietitian.)

1. Apple or pear with nuts or nut butter:
Apples and pears contain fiber, especially if you eat the skin, and nuts are packed with a mix of plant-based protein, healthful fats, and fiber, so they do a great job of satisfying your appetite while managing blood sugar," notes Stark. Almost any seasonal fruit provides similar benefits and seeds like pumpkin or sunflower seeds can be a good swap for nuts as well.

- 2. <u>Popcorn</u>: This high-fiber whole grain is the ultimate snack," says Kelsey Pezzuti, M.S., RD. "It's inexpensive, easy to prepare, and packs the perfect crunch." .Whole grain snacks like popcorn not only boost your fiber intake, but also add vitamins and minerals like B vitamins and iron. "Replacing refined grains with whole grains may also lower cholesterol, specifically low-density lipoprotein (LDL) and triglycerides."
- 3. <u>Chickpeas</u>: Chickpeas have a trifecta of nutrients for satisfaction: fiber, protein, and slow-digesting carbs. A can of chickpeas is inexpensive and can be turned into multiple snacks options. Roasted chickpeas satisfy a crunch craving—and, like popcorn, can be made sweet with cinnamon and maple syrup or savory with herbs or spices. "You can also include pureed chickpeas in dips, hummus, and even as an ingredient in homemade bars. Try snacking on a chickpea salad made with olive oil and vegetables.
- 4. <u>Beet Chips</u>: Perfect for dipping, beet chips are a great way to boost your veggie intake in a more fun way than raw vegetables. Beets are not only packed with fiber, B vitamins, vitamin C, and potassium, they also contain inorganic nitrates, which have been linked to a number of health benefits including lower blood pressure and overall cardiovascular health. Unlike many veggie chips and veggie straws, beet chips are actually made with beets. Find beet chips in the snack aisle or make your own Beet Chips at home (see recipe on page 15.



# 10 Best Healthy Snacks, According to Dietitians (Continued)

5. Walnuts: Need an afternoon mood boost? Grab a handful of walnuts. A recent study showed walnut eaters may have lower rates of depression and other research suggests they may improve your mood. While all nuts (and seeds) make a healthy snack, walnuts stand out because they're the only tree nut that is an excellent source of the omega-3 fatty acid ALA. They also contain fiber and protein, providing all that you need to stay satisfied between meals.

Make a trail mix with walnuts and dried fruit or dip the walnuts in dark chocolate. Since both walnuts and chocolate contain magnesium, this is a great treat that also supports your bone health and mood.

Go to the Eating Well web site for recipes on making your own healthy homemade trail mixes at

https://www.eatingwell.com/recipes/18694/mea ltimes/snacks/nuts-seeds/trail-mix/

6. Cottage cheese with fruits or vegetables: An often pushed aside dairy product, cottage cheese is a healthy and satisfying snack. It's packed with protein, and is a good source of calcium, B vitamins, and selenium. It is, however, relatively high in sodium, so consider how it fits into the rest of your day. While the high protein content already helps fill you up, full-fat cottage cheese may be even more filling because fat can slow digestion. Some research suggests that dairy fat may not be as problematic for heart health as other saturated fat, but it's still recommended you account for it in your daily allotment or choose the low-fat options.

7. Energy Bars: Bars make the perfect graband-go snack for busy days. But not all bars are created equal — many bars masquerading as healthy can actually deliver as much sugar as a candy bar. Whether you make them yourself or buy them, choose ones that are made mostly from whole foods, contain 5g or less added sugar, and contain a mix of protein, fiber, and healthy fats.

Try making your own healthy energy bars using EatingWell.com recipes at https://www.eatingwell.com/recipe/250530/eatingwell-energy-bars/

- 8. <u>Greek yogurt</u>: Yogurt is great for breakfast and a snack as well. It is high in protein and it also contains calcium. Pair it with nuts or seeds. Pair it with frozen fruit. The juice from the fruit (when thawed) naturally sweetens the yogurt.
- 9. <u>Popsicles</u>: In the warmer months, popsicles can quench your thirst and boost hydration and, if made with fruit juice, add important nutrients like vitamins, minerals and antioxidants to your day. In the freezer aisle, look for options made with 100% fruit juice and contain little to no added sugar. Check out some yummy recipes at

https://www.eatingwell.com/recipes/18296/desse rts/frozen/popsicles/

10. Chia Pudding: Just one ounce of chia seeds (about 2 tablespoons) contains 9 grams of unsaturated fat (including some omega 3's), 11g of fiber, 4g of protein, and are a good source of calcium, magnesium, and phosphorus, along with many antioxidants. The high fiber content



# 10 Best Healthy Snacks, According to Dietitians (Continued)

may also help balance blood sugar, promote gut health, and reduce risk for cardiovascular disease.

Chia seeds create a tapioca pudding-like texture when mixed with liquid, making them a snack that can feel like dessert. See Page 16 for Apple Cinnamon Chia Pudding.

#### **Bottom Line**

Snacks can be a part of a healthy diet whether you're making your own or relying on something from the package. Choose options made primarily from whole foods, pair foods that include protein, fiber, and fat, and limit added sugar and salt to stay energized between meals while also reaching your wellness goals.

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# The 10 Best Snacks for Weight Loss, According to a Dietitian:

- 1. Almonds
- 2. Grapefruit
- 3. Chickpeas
- 4. Grapes
- Chocolate (small amount)
- 6. Popcorn
- 7. Yogurt
- 8. Hummus
- 9. Oatmeal
- 10. Dried Fruit

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# Best & Worst Late-Night Snacks, According to a Dietitian:

You may have heard that eating after 8 p.m. isn't good for you, while others say it has nothing to do with the time but with what you're eating at that time. According to the research, it's both. Timing, quality of food and quantity of

food all affect whether late-night noshing has positive or negative health effects.

#### 5 Best Late-Night Snacks:

- 1. <u>String Cheese</u>: part-skim mozzarella cheese stick contains about 100 calories and 7 grams of protein. Protein keeps you feeling full.
- 2. <u>Nuts</u>: Walnuts are best because they naturally contain melatonin, a compound that supports healthy sleep.
- 3. Greek Yogurt with Fruit
- 4. Popcorn
- 5. Whole-Wheat Toast with Peanut Butter: Fiber and protein are a perfect combination to help you stay full through the night.

#### 5 Worst Late-Night Snacks:

- 1. <u>Pizza</u>: Acidic sauce, high-fat cheese and high carb crust will be slow to digest and may cause reflux or indigestion.
- 2. <u>Sugary Cereals</u>: Stay away from sugary cereals at all times. Cereal can be a suitable snack prior to bedtime, but choose high-fiber, lower-sugar options. A good rule of thumb is to choose one where the fiber plus the protein is more than the sugar.
- 3. <u>Chips</u>: There are about the same number of calories in 3 cups of popcorn as in 12 chips. But who eats just 12 chips? Chips have very few nutrients, no fiber, no protein, and saturated fats which raise bad cholesterol.
- 4. <u>Candy</u>: Eat fruit or a small piece of dark chocolate instead.
- 5. <u>Spicy Food</u>: Spicy foods can cause reflux and gas. Heartburn and gas don't enable optimum sleep.





# **Do or Die Mysteries**

Death and Taxes, by C.J. Crowe

April 5, 2021



They say nothing is certain but death and taxes, and this show has both at the same time! The IRS is sponsoring a seminar, Taking the Fear Out of Auditing. It appears they may be removing the fear - but adding a murder.

Our new venue, Hellas Restaurant, is located at 8498 Veteran's Highway in Millersville, Maryland 21108. Entree Options: Crab Cake, Jumbo Fried Shrimp, Chicken Souvlaki, Gyro Platter, Whiskey Steak Kebabs or Lasagna.

**Cost:** \$60.50 per person includes dinner, show, tax and nonalcoholic beverages. Gratuity on meal is included in the ticket price. Gratuities on alcoholic beverages purchased are appreciated. Cocktails are available.

6:30 PM Check in

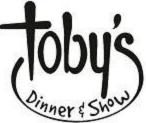
7:00 Orders taken/dinner served

Show follows dinner

9:30 Show ends

See the "Death and Taxes" event page or contact CJ Crowe to reserve tickets. https://doordiemystery.com/events/dead-and-taxes-at-hellas-restaurant-041221/

COVID-19 RESTRICTIONS: Limited to 25 guests per show. Shows will be added in the event of a sell-out.



5900 Symphony Woods Road Columbia, MD 21044



# Dining & Performance COVID-19 Protocols:

- Currently we have suspended our traditional buffet and will be serving plated meals for our brunch and dinner service.
- Please check our website for the current meal options.
- We will be at a reduced capacity of no more than 100 people per current government guidelines.
- Theatre tables & chairs have been adjusted to accommodate current social distancing guidelines.
- At this time our tables will not be shared by customers who are not part of the same reservation.
- Tables will not seat more than six people. If your party is larger than six people, you will be split into multiple tables that are socially distanced. Please do not move or adjust tables to bring your party closer together.
- Temperature checks are required before entering
- Masks must be worn at all times, except when eating.

Go to Toby's website for info on purchasing tickets, COVID-19 (full list of protocols), and the menu:

https://tobysdinnertheatre.com/now-playing/shows/



# CHEF RUBY

#### **Italian Easter Bread**

#### **INGREDIENTS:**

1 1/4 cups (300 ml) milk

1/3 cup (74 g) unsalted butter cut into small cubes

2 1/4 teaspoons rapid rise instant yeast (1 pkg)

1/8 teaspoon kosher salt

1/2 cup (100 g) granulated sugar

2 large eggs beaten

4 cups (468 g) all-purpose flour divided, plus more for kneading

1 large egg beaten plus 1 teaspoon water

3 raw or hard boiled eggs, dyed (see \*note at bottom of recipe) colored sprinkles

#### SPECIAL EQUIPMENT NEEDED:

- Stand Mixer or hand mixer with dough hook attachment
- 1 quart saucepan
- Instant-Read Thermometer
- Pastry scraper
- 2 baking sheet pans (10" x 15")
- Cooling rack
- Food Coloring

#### **DIRECTIONS:**

- 1. In a small saucepan, add milk and butter. Heat to 120 to 130°F (49 to  $54^{\circ}$ C), stirring until the butter melts. Do not allow the milk to go above 130°F (54°C).
- 2. In a large mixing bowl, combine yeast, salt, and sugar. Add the eggs and whisk together. Add the warmed milk and butter mixture. Add 2 cups of flour.
- 3. Attach a dough hook to a stand mixer and combine on medium speed until smooth, about 2 minutes. Scrape the sides with a spatula as needed to incorporate the flour.



# CHEF RUBY

# **Italian Easter Bread** (continued)

**DIRECTIONS:** (Continued)

- 4. Slowly add the remaining 2 cups of flour to the mixer on medium-low speed and scrape the sides as needed. Knead until the dough is stiff and slightly sticky, about 12 minutes.
- 5. Place the dough on a lightly floured board and hand knead for about 3 to 4 minutes, adding a little more flour to prevent sticking. Do not use more than 1/4 cup of flour.
- 6. Shape dough into a ball, cover with a dish towel and allow to rest for 10 minutes.
- 7. Divide into 6 pieces. Roll each piece to form a 1-inch wide rope, about 14-inches long.
- 8. Taking 2 pieces, braid the rope tightly, pinching the ends together and then loop into a circle. Make sure the ends are securely joined together.
- 9. Place on a parchment-lined baking sheet (2 per pan), providing enough room to rise.
- 10. Loosely cover the baking sheet with plastic wrap or a dish towel and allow to rise in a warm area, like a proofing box, until it doubles in size, 45 to 60 minutes.
- 11. Preheat the oven to 350°F (177°C). Set the rack in the middle position.
- 12. Whisk together the large egg and 1 teaspoon water. Brush each braided bread with the egg wash.
- 13. If desired, top the bread with sprinkles.



# Italian Easter Bread (continued)

**DIRECTIONS:** (Continued)

- 14. Gently place one dyed egg in the center of each braided ring. Do not press into the dough, it will sink as it bakes.
- 15. Bake one tray at a time until golden brown, approximately 15 to 18 minutes.
- 16. Quickly transfer the baked bread to a cooling rack.

#### \* Notes:

- The recipe makes 3 Easter bread rings.
- Each ring serves 6 people.
- Six smaller rings can be made, adjust baking time accordingly.
- Raw or hardboiled and dyed eggs can be used. Raw eggs will be soft-boiled after baking.

# CHEF RUBY

## **Asian "Crab" Stuffed Mushrooms**

-- Submitted by Adele Rugg, Queen Diva Dell-Lucious, Kihel, Maui, HI --

#### **INGREDIENTS:**

2 large eggs

1 pound imitation crab salad (in seafood dept)

1/4 cup dry bread crumbs

24 large mushrooms (cap size about 2" across), stems removed

Grated parmesan, as needed

Lemon juice for serving

Green onions, sliced, for serving

Butter

#### **DIRECTIONS:**

- 1. Butter a 10" x 15" baking dish.
- 2. Combine the eggs, crab salad and bread crumbs. Mix gently.
- 3. Stuff mushroom caps with crab mixture. Mound mixture in center of cap and press gently to adhere.
- 4. Sprinkle each mushroom with grated parmesan cheese.
- 5. Arrange stuffed mushrooms in prepared dish. Position baking dish in center of oven and preheat to 375°. Bake until mushrooms begin to release juices, about 18 minutes.
- 6. Remove from oven and drizzle with lemon juice and sliced green onions. Serve hot.

NOTES: Cover and refrigerate leftovers. Mushrooms can be made 1 day ahead.

# CHEF RUBY

# **Sesame Chicken Wings**

-- Submitted by Adele Rugg, Queen Diva Dell-Lucious, Kihel, Maui, HI --

#### **INGREDIENTS:**

3 pounds chicken wings, cut up

1/4 cup shoyu (soy sauce)

2 tablespoons rice vinegar

2 tablespoons honey

1 tablespoon sesame oil

2 tablespoons minced garlic

1 tablespoon minced ginfer

4 stalks green onions (finely sliced)

3 tablespoons sesame seeds

Mochiko flour (a glutinous rice flour) \*

Vegetable oil

#### **DIRECTIONS:**

- 1. Combine the chicken, shoyu, rice vinegar, honey, sesame oil, garlic, ginger, green onions and sesame seeds. Marinate for at least 4 hours up to 24.
- 2. Heat a skillet to medium high with 1/2 inch of vegetable oil.
- 3. Take marinated chicken and dredge in mochiko flour, lightly coating the chicken wings.
- 4. Fry the wings in batches until golden and the juices in the wings run clear, about 10 minutes.
- 5. Drain on paper towels, serve hot.

NOTE: Optional garnishes are toasted sesame seeds, sliced green onions and honey drizzle.

<sup>\*</sup> Check Asian grocery stores or order on amazon.com





# **Beet Chips – Healthy Snack**

From EatingWell.com

Preparation: 10 mins Total: 3 hrs 30 mins

Servings: 5

#### **INGREDIENTS:**

2 large beets (about 1 pound), thinly sliced (about 1/8 inch thick)

1 tablespoon extra-virgin olive oil

1/2 teaspoon salt

#### **DIRECTIONS:**

- 1. Preheat oven to 200 degrees F. Line two large baking sheets with parchment paper.
- 2. Toss beet slices with oil and salt. Spread in a single layer on the prepared baking sheets.
- 3. Bake on the upper and lower oven racks until crisp, rotating the pans top to bottom and front to back halfway through, about 3 hours. Cool on the pans for 30 minutes before serving.





# **Apple Cinnamon Chia Pudding**

From EatingWell.com

Preparation: 10 mins Total: 8 hrs 10 mins

Servings: 1

#### **INGREDIENTS:**

1/2 cup unsweetened almond milk or other nondairy milk

2 tablespoons chia seeds

2 teaspoons pure maple syrup

1/4 teaspoon vanilla extract

1/4 teaspoon ground cinnamon

1/2 cup diced apple, divided

1 tablespoon chopped toasted pecans, divided

#### **DIRECTIONS:**

- 1. Stir almond milk (or other nondairy milk), chia, maple syrup, vanilla and cinnamon together in a small bowl. Cover and refrigerate for at least 8 hours and up to 3 days.
- 2. When ready to serve, stir well. Spoon about half the pudding into a serving glass (or bowl) and top with half the apple and pecans. Add the rest of the pudding and top with the remaining apple and pecans.



# The Red Hat Ladies W/Klass & Sass, Randallstown, MD -- Submitted by VQ Duchess of Fashion, Frances Williams --

On March 1, 2021 the Red Hat Ladies w/Klass & Sass didn't let a little rain stop them from surprising, VQ Countess of Class Margo Lawson with a Red Hat Birthday surprise on her Birthday.

HAPPY BIRTHDAY MARGO 🛓



Queen Hughrine West , Frances Williams and Arlene Wilder







"Surprise Margo!"





# Ruby Angels Celebrate 16th Anniversary

-- submitted by Pat Ragland, Queen Big Mama Pat, Ruby Angels, Washington, DC --

Queen Big Mama Pat and the Ruby Angels celebrated their 16-year anniversary at Top Golf National Harbor





Zophie 3/4 Sleeve Fashion Top \$29.99 Only have one 1X in stock



Zina 3/4 sleeve Fashion Top \$34.99 Only have one small in stock

# **Items from Royal Splendor**

www.royalsplendor.com

Phone: 866-212-9983



Kinsley Fashion Top \$42.99 Only have one small in stock



Gabriella Fashion Top \$42.99 Only have one medium in stock

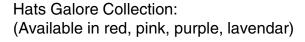


#### **Items from Royal Splendor**

www.royalsplendor.com

Phone: 866-212-9983





- Basic T-Shirt is \$22.99
- Sweatshirt is \$29.99
- Crystal Classic Cardigan is \$54.99
- Classic Denim Jacket is \$59.99
- 3/4 V-Neck Classic Shirt is \$29.99
- 3/4 Scoop Classic Shirt is \$29.99









# Items Available Red Hat Regalia

https://www.facebook.com/groups/1395418484045715

# Contact Diane & Doug Wieboldt redhatregalia@gmail.com





New shirt and mask designs. Shirt comes in Short Sleeve \$27 or 3/4 sleeve \$29 60/40 Cotton/Poly Blend. Scoop neck style ladies shirt; Sm - 3X; Shipping additional. Please note in your comment size, sleeve length and color-purple, red, or black. Coordinating masks also available in purple, red, and black, \$7.



-- Submitted by Barbara Peterson, Queen Blingsalot, Sweet Elite Tarts, Stewartstown, PA --

# A chicken walks into a library and up to the desk.

"Buk", says the chicken. So the librarian gives him a book. The chicken leaves with the book and returns five minutes later. "Buk", he says. So the librarian gives him another book. This goes on about eight more times, until finally the librarian leaves the library and goes outside on break in back where there's a pond. The chicken is standing on the edge of the pond tossing the books to a frog on a lily pad. The chicken says "Buk, Buk" and the frog says "reddit, reddit".

\*\*\*\*\*\*

# A truck driver was driving along on the freeway.

A sign comes up that reads, "Low Bridge Ahead".

Before he knows it, the bridge is right ahead of him and he gets stuck under the bridge. Cars are backed up for miles.

Finally, a cop car comes up. The cop gets out of his car and walks to the truck driver, puts his hands on his hips and says,

"Got stuck, huh?"

The truck driver says, "No, I was delivering this bridge and ran out of gas.

\*\*\*\*\*\*

#### **Easter Bunny Story**

Craig is driving down Route 30 when he sees the Easter Bunny hopping down the middle of the busy highway. He frantically swerves to avoid the Easter Bunny, but, sadly, hits him with his car, sending the animal and all the candy in his basket flying across the highway.

Being the kind and compassionate man he is, Craig pulls over to make sure none of the candy goes to waste, only to find that the bunny has passed away. He feels so bad that he starts to cry and eat all the candy to soothe his tortured soul. Larry is also driving down Route 30 and sees his friend Craig sitting on the side of the road with tears and chocolate all over his face. He pulls over, gets out of his truck, and asks what's wrong.

Craig sniffs and says "I accidentally ran over the Easter Bunny and now he's gone and," with a look at his chocolate covered hands, "his candy is ruined. Easter is ruined. We'll need to cancel our *Virtual Good Friday Breakfast...*What do we do?"

Larry tells Craig to keep calm and wash his hands. He has a solution. He goes back to his truck, pulls out a strange spray can, and proceeds to empty all of the can's contents onto the poor animal.

Suddenly, the Easter Bunny springs back life, checks his GPS for the nearest candy store with a frustrated look at Craig's still chocolate covered-face, and starts to hop down the highway again in the direction of Wolfgang's Candy. 50 meters away the Easter Bunny stops, turns around, waves and hops another 50 meters, turns, waves, hops another 50 meters, and waves again!

Craig is confused.

He asks Larry, "What was in that spray can?"

Larry tosses his luxurious mane of hair out his eyes so he can read the label on the can. "It's called Formula 17:21 Hair Spray. Restores life to dead hairs. Adds a permanent wave."



-- Submitted by Barbara Peterson, Queen Blingsalot, Sweet Elite Tarts, Stewartstown, PA --

#### If my Body Were a Car!

This is just so funny - scary how true it is!!!

If my body was a car, this is the time I would be thinking about trading it in for a newer model.



I've got bumps and dents and scratches in my finish and my paint job is getting a little dull...

But that's not the worst of it.

My headlights are out of focus, and it's especially hard to see things up close.

My traction is not as graceful as it once was. I slip and slide and skid and bump into things even in the best of weather.

My whitewalls are stained with varicose veins.

It takes me hours to reach my maximum speed. My fuel rate burns inefficiently.

But here's the worst of it.

Almost every time I sneeze, cough or sputter, Either My Radiator Leaks or My Exhaust Backfires!

\*\*\*\*\*\*

#### Mrs. Ravioli:

Mrs. Ravioli comes to visit her son Anthony for dinner. He lives with a female roommate, Maria.

During the course of the meal, his mother couldn't help but notice how pretty Anthony's roommate is.

Over the course of the evening, while watching the two interact, she started to wonder if there

was more between Anthony and his roommate than met the eye.

Reading his mom's thoughts, Anthony volunteered, "I know what you must be thinking, but I assure you, Maria and I are just roommates."

About a week later, Maria came to Anthony saying, "Ever since your mother came to dinner, I've been unable to find the silver sugar bowl. You don't suppose she took it, do you?" "Well, I doubt it, but I'll email her, just to be sure."

So he sat down and wrote an email:

Dear MaMa,

I'm not saying that you "did" take the sugar bowl from my house; I'm not saying that you "did not" take it. But the fact remains that it has been missing ever since you were here for dinner.

Your Loving Son Anthony

Several days later, Anthony received a response email from his MaMa which read:

Dear son,

I'm not saying that you "do" sleep with Maria, and I'm not saying that you "do not" sleep with her. But the fact remains that if she was sleeping in her OWN bed, she would have found the sugar bowl by now.

Your Loving Ma Ma Moral: *Never Bulla Shitta your Ma Ma* 

-- Submitted by Barbara Peterson, Queen Blingsalot, Sweet Elite Tarts, Stewartstown, PA --





If you get a LOAN at a bank, you'll be paying it back for 30 yrs.
If you ROB a bank, you'll be out in 10 yrs.
Follow me for more financial advice

When we're young,
we sneak out of
our house to go to
parties. When we're
old, we sneak out of
parties to go home.

Once you understand why the pizza is made round,
Packed in a square box,
And eaten as a triangle..
Then you will understand women



Q: If 2020 was a drink, what would it be? A: Colonoscopy prep

HOWS Y'ALL
SUMMER BODIES
LOOKIN? MINE
LOOKIN LIKE I GOT A
GREAT PERSONALITY

It's my wife's birthday tomorrow, she's been leaving jewellery catalogues all over the house, so I've bought her a magazine rack.

-- Submitted by Barbara Peterson, Queen Blingsalot, Sweet Elite Tarts, Stewartstown, PA --

Covid 19, Murder Hornets Now sky Gators Whats next?



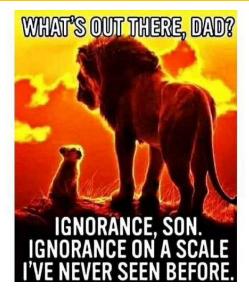
Fish bite twice a day... before you get there and after you leave.

Apart from being exhausted, financially unstable, nearing a mental breakdown and being fat, everything is great.

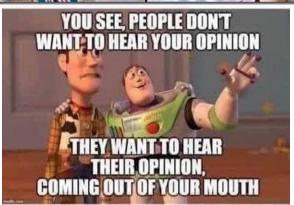
Thanks.

Life is NOT like a box of chocolates. It's more like a jar of Jalapenos what you do today, might burn your ass tomorrow.

I bet Canada feels like they live in the apartment above a Meth Lab.





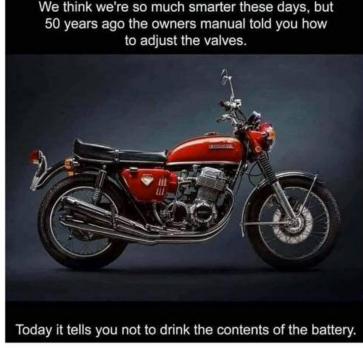


-- Submitted by Barbara Peterson, Queen Blingsalot, Sweet Elite Tarts, Stewartstown, PA --







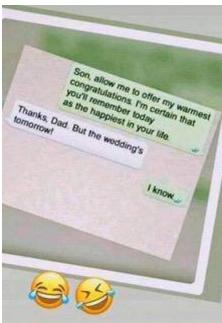


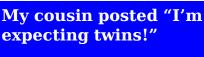












I replied "Finally two kids from the same man."

Then she blocked me.

Once I've had my coffee, I can use my big words.

Before coffee, I mostly use the ones with four letters.

Think you are old, and you will be old.
Think you are young, and you will be

DELOSIONAL!

Aging Gracefully



They say marriages are made in Heaven. But so is thunder and lightning.

~ Clint Eastwood

Bizwaremagic's Funny Quotes

I grew up with Bob Hope, Steve Jobs, and Johnny Cash.

Now there are no jobs, no cash, and no hope.

PLEASE DON'T LET
ANYTHING HAPPEN TO
KEVIN BACON!

DUE TO MY
ISOLATION. I
FINISHED 3 BOOKS
YESTERDAY.
AND BELIEVE ME.
THAT'S A LOT OF
COLOURING.





PSA for
Canadians on
Social Distancing
6ft = 1 moose
length
(Or 4.5 beavers)
You're welcome,
eh.





# Costco has a great sense of humor



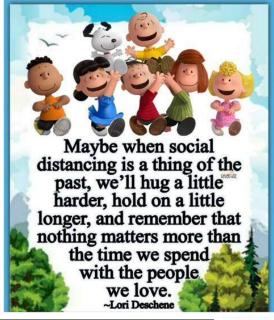


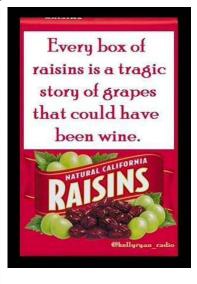


-- Submitted by Jacquie Maly, Maui, HI --

THE WORLD IS NOW
VEGAS. EVERYBODY'S
LOSING MONEY, IT'S
ACCEPTABLE TO DRINK
AT ALL HOURS AND NO
ONE HAS ANY IDEA
WHAT DAY IT IS.









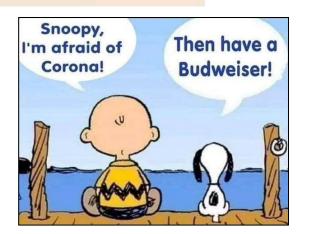
It's funny how 8 glasses of water a day seems impossible,



but 8 glasses of wine can be done in one meal.

#### Coronacoaster

noun: the ups and downs of a pandemic. One day you're loving your bubble, doing work outs, baking banana bread and going for long walks and the next you're crying, drinking gin for breakfast and missing people you don't even like.





-- Submitted by Jacquie Maly, Maui, HI --





Just heard the King of Spain has been quarantined on his private jet.
That means the reign in Spain stays mainly on the plane.

I stepped on to my talkingscales this morning. It said: "Please practice social distancing. Only one person at a time, please."







-- Submitted by Adele Rugg, Queen Diva Dell-Lucious, Kihel, Maui, HI --

Questions Looking for Answers:	Vagaries of

- 1. If poison passes it's expiration date, is it more poisonous or is it no longer poisonous?
- 2 Which letter is silent in the word "Scent," the S or the C?
- 3. Do twins ever realize that at least one of them is unplanned?
- 4. Why is the letter W, in English, called double U? Shouldn't it be called double V?
- 5. Maybe oxygen is slowly killing you and It just takes 75-100 years to fully work.
- 6. Every time you clean something, you just make something else dirty.
- 7. The word "swims" upside-down is still "swims"
- 8. 100 years ago everyone owned a horse and only the rich had cars.

Today everyone has cars and only the rich own horses.

# Six great confusions still unresolved:

- 1. At a movie theater, which arm rest is yours?
- 2. If people evolve from monkeys, why are monkeys still around?
- 3. Why is there a 'D' in fridge, but not in refrigerator?
- 4. Who knew what time it was when the first clock was made?

#### Vagaries of English Language!

Ever wonder why the word funeral starts with FUN?

Why isn't a Fireman called a Water-man?

How come Lipstick doesn't do what it says?

If money doesn't grow on trees, how come Banks have Branches?

If a Vegetarian eats vegetables, what does a Humanitarian eat?

How do you get off a non-stop Flight?

Why are goods sent by ship called CARGO and those sent by truck SHIPMENT?

Why do we put cups in the dishwasher and the dishes in the Cupboard?

Why do doctors 'practice' medicine? Are they having practice at the cost of the patients?

Why is it called 'Rush Hour' when traffic moves at its slowest then?

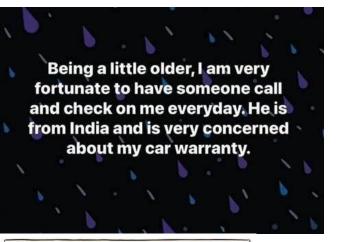
How come Noses run and Feet smell?

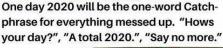
Why do they call it a TV 'set' when there is only one?

What are you vacating when you go on a vacation?

Did you know that if you replace "W" with "T" in "What, Where and When", you get the answer to each of them?

-- Submitted by Adele Rugg, Queen Diva Dell-Lucious, Kihel, Maui, HI --







aunty acid

Who would've thought one day we'd be smoking weed at a family gathering, but the illegal part would be the family gathering.

AUNTY ACID 2020

Someone just used my driveway to turn around and now I'm standing outside with two open beers and a lonely face.



For those weddings cancelled due to COVID-19. God is giving you a second chance to think about it.

The wife said: "Here's \$20, get the dog a jacket.

If there's any money left over, get yourself a beer!



#### ANOTHER REASON TO WEAR A MASK...

You can mouth the words 'screw you' directly to someone's face all day and they will never know.



We all know mirrors don't lie...

I'm just grateful that they don't laugh.

-- Submitted by Adele Rugg, Queen Diva Dell-Lucious, Kihel, Maui, HI --

Apparently, it's only appropriate to say "Look at you! You got so big!" to children.
Adults tend to get offended.

MAN SHOT
200 TIMES
WITH UPHOLSTERY GUN
Surgeons revealed he is now 'fully recovered'



loved ones are buckled up.

Always make sure your

At first, I thought I had Covid because I couldn't breathe.



I'm not adding this year to my age,
I did not use it.

pants and it was all ok.

CORONA PRECAUTIONS

I went to the bathroom at a restaurant.

I washed my hands.

Opened the door with my elbow.

Raised the toilet seat with my foot.

I switched on the water faucet with a tissue.

Opened the bathroom door to leave with my elbow. And when i returned to my table

I realized.... I forgot to pull up my pants!!!' They say every piece of chocolate you eat shortens your life by two minutes.

I've done the maths. Seems I died in 1537.

- GN

Romance novels written
during Covid-19
will be like...
"And then she slowly
slipped her mask down,
revealing her warm red
lips, and her blushed face,
and as their eyes met, he
gently removed her gloves."



Lockdown can only go 4-ways. You'll come out a monk, a hunk, a chunk or a drunk. Choose wisely!

-- Submitted by Adele Rugg, Queen Diva Dell-Lucious, Kihel, Maui, HI --

#### TREAT YOUR MASK LIKE UNDERWEAR



- 1. Do not touch or adjust (especially in public)
- 2. Do not borrow or lend
- 3. Make sure it fits tight but comfortable
- 4. Make sure it's clean (daily or as needed)
- Wear the right side out.
- If there's holes in it, throw it away.
- 7. If it's stained, throw it away.
- 8. If it's damp, change it.

# NOVINOPHOBIA The fear of running out of wine.

PRETTY WILD HOW WE USED TO EAT CAKE AFTER SOMEONE HAD BLOWN ON IT... GOOD TIMES...

#### The Man Who Orders Three Beers:

An Irishman moved into a tiny hamlet in County Kerry, walked into the local pub, and promptly ordered three beers. The bartender raised his eyebrows, but served the man three beers, which he drank quietly at a table, alone. An hour later, the man had finished the three beers and ordered three more. This happened yet, again. The next evening the man again ordered and drank three beers at a time, several times. Soon the entire town was whispering about The Man Who Orders Three Beers.

Finally, a week later, the bartender broached the subject on behalf of the town. "I don't mean to pry, but folks around here are wondering why you always order three beers at a time?"

"Tis odd, isn't it?" the man replied. "You see, I have two brothers, and one went to America, and the other to Australia. We promised each other that we would always order an extra two beers whenever we drank, as a way of keeping up the family bond." The bartender and the whole town were pleased with this answer, and soon the Man Who Orders Three Beers became a local celebrity and a source of pride to the hamlet, even to the extent that out-of-towners would come to watch him drink.

Then, one day, the man came in and ordered only two beers. The bartender poured them with a heavy heart. This continued for the rest of the evening. "Each time he orders only two beers," the word flew around town. Prayers were offered for the soul of one of the brothers.

The next day, the bartender said to the man, "Folks around here, me first of all, want to offer condolences to you for the death of your brother. You know- the two beers instead of three, and all..." The man pondered this for a moment, then replied, "You'll be happy to hear that my two brothers are alive and well. It's just that I, meself, have decided to give up drinking for Lent."

# From Barbara Bryce, Red and Pink Roses R We, Adelphi, MD:

- A man is sitting on the table at his doctor's office. He says to his doctor "I do want to be healthy, but not so healthy that I miss out on my unhealthy eating habits."
- A male neighbor was asking his female neighbor "How's your diet coming?" She replied "I'm actually on two diets. The man asked "Why is that?" The lady answered "I wasn't getting enough to eat on just one."
- A psychiatrist had a sectional sofa in his office so he could treat split personalities.
- To kiss a miss is awfully simple. To miss a kiss is simply awful. It spreads disease and should be hated, but kiss me miss; I've been vaccinated.

\*\*\*\*\*

# From Barbara Peterson, Queen Blingsalot, Sweet Elite Tarts, Stewartstown, PA:

Two elderly ladies had been friends since their 30s. Now in their 80s, they still got together a couple of times a week to play cards. One day they were playing gin rummy and one of them said, "You know, we've been friends for many years and, please don't get mad, but for the life of me, I can't remember your name. Please tell me what it is."

Her friend glared at her. She continued to glare and stare at her for at least three minutes. Finally, she said, "How soon do you need to know?"



# From Beth Wiggans, Queen, Happy Hatters, Bowie, MD:

- I hope they give us two weeks notice before sending us back out into the real world. I think we'll all need the time to become ourselves again. And by "ourselves" I mean lose 10 pounds, cut our hair and get used to not drinking at 9:00 a.m.
- New monthly budget: Gas \$0 Entertainment \$0 Clothes \$0 Groceries \$2,799.
- Low maintenance chicks are having their moment right now. We don't have nails to fill and paint, roots to dye, eyelashes to re-mink, and are thrilled not to have to get dressed every day. I have been training for this moment my entire life!
- When this quarantine is over, let's not tell some people.
- Not to brag, but I haven't been late to anything in over ten weeks.
- I wanted zombies and anarchy. Instead we got working from home and toilet paper shortages.
- Worst. Apocalypse. Ever!

\*\*\*\*\*\*

## From Adele Rugg, Queen Diva Dell-Lucious, Kihel, Maui, HI



-- Submitted by Adele Rugg, Queen Diva Dell-Lucious, Kihel, Maui, HI --

#### Perplexed?

I didn't get old on purpose; it just happened, and if you're lucky, it could happen to you! I have been in many places, but I've never been in Cahoots. Apparently, you can't go alone. You have to be in Cahoots with someone.

I've also never been in Cognito. I hear no one recognizes you there. I have, however, been in Sane. They don't have an airport; you have to be driven there. I have made several trips there, thanks to my children, friends, family and work.

I would like to go to Conclusions, but you have to jump, and I'm not too much on physical activity anymore. I have also been in Doubt. That is a sad place to go, and I try not to visit there too often. I've been in Flexible, but only when it was very important to stand firm.

Sometimes I'm in Capable, and I go there more often as I'm getting older. One of my favorite places to be is in Suspense! It really gets the adrenaline flowing and pumps up the old heart! At my age I need all the stimuli I can get!

\*\*\*\*\*\*

#### The Importance of Walking:

- Walking can add minutes to your life. This enables you at 85 years old to spend an additional 5 months in a nursing home at \$7000 per month.
- My grandpa started walking five miles a day when he was 60. Now he's 97 years old and we don't know where the hell he is.
- I like long walks, especially when they are taken by people who annoy me.
- The only reason I would take up walking is so that I could hear heavy breathing again.

#### The Importance of Walking: (Continued)

- I have to walk early in the morning, before my brain figures out what I'm doing.
- I joined a health club last year, spent about 400 bucks. Haven't lost a pound. Apparently you have to go there.
- Every time I hear the dirty word "exercise", I wash my mouth out with chocolate.
- The advantage of exercising every day is so when you die, they'll say, "Well, s/he looks good, don't ya think?"
- If you are going to try cross-country skiing, start with a small country.
- I know I got a lot of exercise the last few years just getting over the hill.
- We all get heavier as we get older, because there's a lot more information in our heads.
   That's my story and I'm sticking to it.
- Every time I start thinking too much about how I look, I just find a Happy Hour and by the time I leave, I look just fine.



# Just for Fun

#### Trivia for Seniors:

- 1. Which bridge spans San Francisco Bay?
- 2. What was the name of the super tanker that ran aground off the Alaskan coast in 1989, spilling crude oil?
- 3. Which chess piece can only move diagonally?
- 4. How many masts are there on a clipper sailing ship?
- 5. What is the name of the record company founded by the Beatles in 1968?
- 6. Stephen Burton was the birth name of which Hollywood actor?
- 7. The 1956 Olympic Games were held in which city?
- 8. What is a natterjack?
- 9. In the phonetic alphabet what word represents the letter G?
- 10. Which flag features 5 rings?
- 11. N is the symbol for which chemical element?
- 12. What city is known as the Eternal City?
- 13. What city is know as the "city that never sleeps"?
- 14. How many months have exactly 31 days?
- 15. Zn is the symbol for which chemical element?

\*\*\*\*\*\*

#### **Riddles:**

- 1. A dad and his son were riding their bikes and crashed. Two ambulances came and took them to different hospitals. The man's son was in the operating room and the doctor said, "I can't operate on you. You're my son." How is that possible?
- 2. What goes up when rain comes down?
- 3. If I have it, I don't share it. If I share it, I don't have it. What is it?
- 4. What starts with the letter "t", is filled with "t" and ends in "t"?

Answers to Hiddles:
1. The doctor is his mom!
2. An umbrellal; 3. A secret; 4. A teapot



\*\*\*\*\*\*

An elderly woman called 911 on her cell phone to report that her car has been broken into. She is hysterical as she explains her situation to the dispatcher. "They've stolen the stereo, the steering wheel, the brake pedal and even the accelerator!" she cried.

The dispatcher said, "Stay calm. An officer is on the way."

Angels, Fairies & Cherubs 7 Oh M

A few minutes later, the officer radios in. "Disregard." He says, "She got in the back-seat by mistake."

-- Submitted by Barbara Peterson, Queen Blingsalot, Sweet Elite Tarts, Stewartstown PA --

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Answers to Trivia:

1. Golden Gate; 2. Exxon Valdez; 3. Bishop;
4. Three; 5. Apple; 6. Burt Lancaster;
7. Melbourne; 8. Toad; 9. Golf; 10. Olympic;
11. Nitrogen; 12. Rome; 13. New York City;
14. Seven; 15. Zinc



https://bingobaker.com

Play bingo with your RH sisters on Zoom! You can all use the same card printout.

В	ı	N	G	U
Binge watched an entire show on Netflix	Used Zoom for a family gathering	Went two weeks without going to the grocery store	Eyed someone who coughed near you nervously	Ate an entire bag of chips because pandemic calories don't count
Ate your weight in Easter Candy	Laid on the floor in existential despair	Watched a video on how to sanitize your groceries.	Started a diet and then gave up on it	Sent an inappropriate meme to someone
Canceled a Vacation	Read a book that you had setting around and never got around to reading	Free!	Created a coronavirus meme	Aimlessly texted old contacts on your phone
Currently wearing PJs	Had your favorite restaurant deliver you food	Gave your family member a haircut	Taught a family member how to use Zoom	Tried a new recipe
Attended a virtual concert/ church service	Participated in a virtual happy hour	Educated your friends because you're now an epidemiologist	Made your own face mask	Discussed with someone how many rolls of toilet paper you have



https://bingobaker.com

Here's another bingo card you and your RH sisters can play.

В	ı	Ν	G	0
Cancelled an event you were excited about	Tried to learn a tik tok dance	Had to convince a family member to stay indoors	Worried about your job/school	Gotten attitude from your pet
Watched all the news on COVID-19 you could	Have not worn anything but pajamas in the last week	Gave yourself a haircut (this includes your bangs)	Came up with a song other than happy birthday to wash your hands to	Went hunting for toilet paper
Stood in line at the grocery for more than 20 minutes	Coughed and wondered if you're going to die	STAYED INSIDE!	Ate all your quarantine snacks	Bought an expensive indulgent self-care gift
Watched an entire tv series	Downloaded a time passing game on your phone	Made a meal out of food you didn't realize you had	Gotten emails from places like Applebee's about how their response to COVID-19	Cried at how cheap planes tickets are and we can't go
Had a panic attack	Considered (re)starting a YouTube channel	Text/called/facetime someone you haven't spoke to in awhile	Participated in an awkward video conference	Started to learn and instrument/craft