

VOLUME VI-2, FEBRUARY 2021

From the Editor:

Congratulations to those who have gotten both shots of the COVID19 vaccine. Looks like many of us will be waiting for many more months just to get contacted that we can be scheduled. Patience is definitely the keyword. Keeping safe means stay home and keep people out of your living space. Have groceries delivered to your home.

With the variant viruses out there, you might want to wait until you get the shots before committing to attend a scheduled event. Remember, you get one shot, wait 3 to 4 weeks (depending on the type you got), get the second shot, then wait another two weeks before getting back to a normal life that includes gatherings and travel.

For those who love to use their Air Fryers, check out the recipe for Air Fried Beignets – in honor of Mardi Gras.

Just a reminder that I prefer to publish jokes that are clean -- meaning they are not of a sexual nature nor use foul language. I will not publish jokes or articles of a religious or political nature that might offend any reader.

Until we meet in person again, keep on hattin' but do it virtually and safely!

Judy Litke
moonrockB@aol.com

**MONTHLY 1st Wednesday Lunch
in Maryland**

All Red Hatters: These monthly events, normally held at the Nautilus Diner in Crofton, MD, have been canceled until further notice.

For additional information:
Beth Wiggans, 301-805-5182
wiggansbeth@gmail.com



ATTENTION:

The Feb 26-28, 2021 Baltimore Convention, Theme: Land Cruise, has been postponed until 2022. Those who registered for Feb 2021 should have already been contacted by the committee's chair, Janet. If you are still waiting for a call or have questions, send me and e-mail (moonrockB@aol.com) and I will pass it to her..

A revised flyer will be e-mailed in July and those who did not sign up yet will have a chance to "cruise" with us in Feb 2022.

DEADLINE For March Newsletter
Articles: **Feb 25, 2021**

Upcoming Red Hat Events

* For Supporting Members Only

NOTE: Send an e-mail to moonrockB@aol.com if you need a copy of any announcements on this page.

Contact the hostess to determine whether the event is still a "go".

POSTPONED: Feb 26-28, 2021: "Red Hat Land Cruise, with "stops" in New Orleans for Mardi Gras; Under the Sea for lunch; and a Captain's Ball, Baltimore, MD *

Apr 22, 2021: The Red Hat "Roaring '20s Birthday Bash, hosted by the Lehigh Valley Queen's Council of the Red Hat Society, Bethlehem, PA

May 6-9, 2021: RHS 2021 International Convention, Flamingo Fling, Palm Desert, CA *

May 13-16, 2021: Florida FUNvention, in West Palm Beach, FL

May 20-23, 2021: Wisconsin Hatvention, hosted by multi-chapters in Wisconsin

Jun 6-8, 2021: "Celebrate! Vision 2021", at the Grand Hotel, Mackinac Island, MI (held every two years) *

Jun 7-14, 2021: "Get Lost" Cruise with the Star Sisters, depart Cape Liberty, NJ, travel to Hamilton & St. George Island, Bermuda, and return to Cape Liberty, NJ

Sep 9-11, 2021: 2021 Florida Sunshine State Extravaganza, hosted by Christine Towers, FQM, in Kissimmee, FL. For info contact: Christine Towers, primetimebelle@aol.com

Upcoming Red Hat Events (Continued)

Oct 1-3, 2021: South Dakota Red Hat State Convention, hosted by the Chatty Hatters of Estelline, in Brookings, SD. Any questions -- contact me at chark@itctel.com or call (605) 360-2771).

Oct 8-10, 2021: Iowa Red Hat State Convention, Burlington, IA (forms and details will be available soon)

Oct 30-Nov 1, 2021: The Red Hat Witches Ball, hosted by the Lehigh Valley Queen's Council of the Red Hat Society, Bethlehem, PA

Feb 25-27, 2022: "Red Hat Land Cruise, with "stops" in New Orleans for Mardi Gras; Under the Sea for lunch; and a Captain's Ball, Baltimore, MD *

Did You Know?

- The movie "Titanic" (1997) cost more to make (more than \$200M) than the actual ship (Titanic) that sank (\$7.5M).

- Grapes light on fire in the microwave. In 2011, a physicist at the Univ of Sydney went viral after he placed a grape in the microwave and filmed the fiery aftermath. A March 2019 study published in *Proceedings of the National Academy of Sciences* reported that the fruity fireball occurs as a result of the loose electrons and ions that cluster to form plasma when grapes get hot. (Don't try this at home!)

- There are almost 8 million possible seven-digit phone numbers per area code.

- Spaghetti, confetto, and graffito are the singular forms of spaghetti, confetti, and graffiti. Although it might sound a little strange, the word for an individual piece of spaghetti is spaghetti. The same goes for a single piece of confetti, which is confetto, as well as a single piece of graffiti, which is graffito, according to Merriam-Webster.



In Memoriam

Sharon Malecki, beloved member of the Ramblin' Rosies of Severn, passed away on Jan 5, 2021 at the age of 70 after a lengthy hospitalization. Born to Robert and Alice Ashby,



Sharon grew up in the Baltimore and Severn, MD areas. She was a 1968 graduate of Glen Burnie High School.

Sharon is survived by her husband, John Malecki, their daughter, Jennifer Sheridan, and son-in-law, Sean Sheridan. She is also survived by her devoted granddaughter, Reagan Sheridan.

Sharon had a successful career working for the federal government. She was very involved in her daughter's school, Monsignor Slade Catholic School, where she was School Board Chair. In retirement, she became an enthusiastic member of the Red Hat Society. She had a network of Red Hat friends all over the country and loved to travel. Her local chapter, The Ramblin' Rosies, counted on her creativity to make their events special. She designed costumes and props that were always attention grabbers.

A memorial service may be planned for a future date when it is safe to gather. Anyone who wants to honor Sharon and recognize her passing may consider donations to St. Jude's Children's Research in her memory.

NOTE from Editor: St. Jude Children's Research Hospital is a not-for-profit, section 501 (c)(3) corporation. Address is: 501 St. Jude Place Memphis, TN 38105

or donate on-line at:
<https://www.stjude.org/donate/donate-to-st-jude.html>

Ramblin' Rosies Remember our Beloved Red Hat Sister:

Queen Mum Ginny Klinedinst:
 When we went to a RHS Convention in Nashville, we were sightseeing during free time. Can't remember where, but Sharon sat in a HUGE chair like a comedian. That pic is priceless. Can't seem to find it for this issue though. Sharon was loved and is greatly missed.

Kim Knapp:
 I first met Sharon at what was her first red hat event about 15 years ago - the Baltimore Zoo. She, JoAnn Schemm and I spent most of the day together getting to know each other. I was still a pinky then. Throughout the next 15 years, countless travels together, attending more events than I can count, we became truly sisters thanks to our Red Hat chapter, the Ramblin' Rosies. As any red hatter will tell you, your chapter-mates really do become your sisters and they are always there for you. This past year I was diagnosed with uterine cancer requiring six rounds of chemo after a hysterectomy. No visitors were allowed to accompany me to any sessions due to COVID-19. Sharon sent me a stuffed bear named "Chemosabe". He went to every session with me and helped me ring the bell at the end. I hope she knew how much that bear meant to me. He was my lifeline. But that's how Sharon was. If you were in need, she was there. I will miss my friend terribly. She was a true sister!"





In Memoriam

Ramblin' Rosies of Severn, MD Remember
Red Hat Sister Sharon Malecki

Judy Litke:

When I went through cancer a year ago, Sharon called me, sent me cards and sent me a tote bag to carry stuff back and forth to treatments. She was always so caring and thoughtful – like a mother hen.

For the annual Red Hat Society International conventions, Sharon always organized craft sessions so we would have similar hats or outfits. The ones I most remember are the Valentine hats we made for a Valentine luncheon and the record hats/fascinators we made for the Nashville Convention a few years ago. I don't believe Sharon missed any of the annual RHS conventions.

Whenever we traveled, she was the planner. She planned what sites or shows we could see; she ordered and prepaid for the event tickets; she was even agreeable to making airline reservations for those who wanted to travel on the same flights. What will we do without her? She left some loving memories with each of us. Her shoes and hats will be tough to fill. I have a hole in my heart.

Do Not Stand at My Grave and Weep,
by Mary Elizabeth Frye

Do not stand at my grave and weep;
I am not there. I do not sleep.
I am a thousand winds that blow.
I am the diamond glints of snow.
I am the sunlight on ripened grain.
I am the gentle autumn rain.
When you awaken in the morning's hush
I am the swift uplifting rush
Of quiet birds in circled flight.
I am the soft stars that shine at night.
Do not stand at my grave and cry;
I am not there. I did not die.



In memory of the great Red Hat events, trips and National Conventions I attended with my friend Sharon Malecki who passed away late last night. She was a good friend and will be missed by all that knew her. RIP Sharon - you are not in pain any more. Pictures: Sharon Malecki, me, Lynn Hicks, Janet Dymicki, Ginny Kleindinst and JoAnn Schemm.

Photo by Kim Knapp

7 Tips for Healthy, Lasting Weight Loss

There are many shortcuts to weight loss, but many of them are not good for your body and are unsustainable in the long term.

Some individuals are successful in their weight loss efforts, but struggle with *keeping* the weight off. This can lead to an unhealthy cycle of gain-loss-gain — also commonly known as “yo-yo dieting.” Others encounter bump after bump in the road when attempting to shed pounds. While it can be challenging, it is possible to lose weight in a healthy, sustainable way. See these seven evidence-based tips for weight loss that lasts.

1. Don't Focus on Restriction

One obstacle to weight loss success is a feeling of “restriction”—a challenge not easily overcome. Instead of placing focus on foods that you need to eliminate from your diet, try to look at food in a more positive way. Incorporate a variety of foods into your diet based on your health goals, such as reducing your salt intake or lowering your cholesterol.

2. Don't Overlook Entire Food Groups

One common piece of dieting advice includes only shopping the perimeter of the grocery store. This is where produce and other less processed foods reside. While eating fresh, nutritious foods is extremely important for being healthy and for weight loss, you shouldn't write off the inner aisles of the grocery store. Many other nutrient-dense foods, such as nuts, seeds, beans, healthy oils and whole grains, live on the inner shelves.

3. Educate Yourself on Nutrition

In order to achieve lasting weight loss, you need to understand how and why people gain

and lose weight. You also need to understand the nutritional content of foods you eat on a regular basis. Many people simply don't understand how many calories they are consuming on a daily basis—whether it's through sugary beverages and restaurant meals, or in high-fat spreads, dressings, or oils. Without this knowledge, losing weight and keeping it off can be a challenge.

4. Don't Skip Meals

Another weight loss mistake people often make is to skip meals to cut down on calories. This may seem like a good solution, but your body needs sustenance. Many people who cut meals ultimately end up overconsuming food as the day goes on, leading to a surplus of calories for the day overall.

5. Plan Ahead and Prep Your Meals

Like many, you're probably a busy person. You may think that you don't have time to cook healthy meals. This is where meal planning and prepping comes in. If you need to eat on the run, you are more likely to grab something that is calorie-dense but not very nutritious or satisfying. If you plan your meals for the week and prep them ahead of time, then you never have to worry about what your next meal will look like.

6. Beware Diet Gimmicks

Some diet plans or pills promise fast, “amazing” results. Be wary of buying into these gimmicks. If it seems too good to be true, then it probably is. Diets that are highly restrictive, very low calorie, or eliminate certain food groups can be unsustainable and, for some, downright unhealthy. You may see results quickly, but most of the



7 Tips for Healthy, Lasting Weight Loss (continued from previous page)

time, these results will not last. If you're considering starting a new diet, be sure to talk to a physician or dietician so you can get advice based on your individual needs.

7. Take a Balanced Approach

The best strategy for long-lasting weight loss is to adopt an attitude of "balance"—in terms of both the number of meals eaten per day and the types of foods consumed. Your meal plans should be flavorful, nutrient-dense, and diverse. Each food group has particular nutrients in it that another might not, so having a variety of foods will ensure that you are getting everything you need to perform at your best physically and mentally. Aiming for a well-balanced diet is healthier and, ultimately, more satisfying. This allows you to feel full all day and still truly enjoy your food.

-- reprinted from University of Maryland Medical System website --

Note About Articles You Sent but Not Seen:

Note from Editor (moonrockB@aol.com)

I try my best not to duplicate items that have appeared in previous issues of this newsletter. If you sent me some memes or jokes or other items to be included but you do not see them, perhaps the reason is:

- It has appeared in a previous issue.
- There is no room this month; look to see it in a future issue.
- Not suitable for a broad audience.

Continue to sent items, along with your name and chapter title and location.

How Things Have Changed:

As we get older we think differently, don't we? This letter was sent to the principal's office after the school had sponsored a luncheon for the elderly. An elderly lady received a new radio at the lunch as a prize and was writing to say thank you. This story is a credit to all humankindespecially if you are familiar with the elderly and their ways!

Dear Lincoln Elementary,

God bless you for the beautiful radio I won at your recent Senior Citizens luncheon. I am 84 years old and live at the Springer Home for the Aged. All of my family has passed away. I am all alone now and it's nice to know that someone is thinking of me. God bless you for your kindness to an old forgotten lady.

My roommate is 95 and has always had her own radio, but before I received one, she would never let me listen to hers, even when she was napping. The other day her radio fell off the night stand and broke into a lot of pieces. It was awful and she was in tears.

Her distress over the broken radio touched me and I knew this was God's way of answering my prayers. She asked me if she could listen to mine, and I told her to kiss my [insert body part].

Thank you for that opportunity.

Sincerely, Agnes

-- Submitted by Queen Rose Ortel, Queen Mum Rose, Frolicking Friends of Falston, Fawn Grove, PA --



Chinese New Year: Year of the Ox

The [Chinese New Year](#), or Spring Festival, has more than 4,000 years of history and is the longest holiday of the year. In the 21st century, the national holiday begins on the first of the Lunar Calendar and lasts until the 15th of the first month. In 2021, Chinese New Year begins on Feb 12th and ends Feb 26th with a Lantern Festival.

2021 is the Year of the Ox, which is the second of all zodiac animals. According to one myth, the Jade Emperor said the order would be decided by the order in which they arrived to his party. The Ox was about to be the first to arrive, but Rat tricked Ox into giving him a ride. Then, just as they arrived, Rat jumped down and landed ahead of Ox. Thus, Ox became the second animal.

Personality and Characteristics of the Ox:

Oxen are honest and earnest. They are low key and never look for praise or to be the center of attention. This often hides their talent, but they'll gain recognition through their hard work. They believe that everyone should do what's asked for them and stay within their bounds. Though they are kind, it's difficult for them to understand persuasion using pathos. Rarely losing your temper, they think logically and make great leaders.

Your Chinese Zodiac Sign is the Ox if you were born in 1925, 1937, 1949, 1961, 1973, 1985, 1997, 2009, or 2021.

To determine your Chinese Zodiac Sign, go to: <https://chinesenewyear.net/zodiac/> and arrow down to Chinese Zodiac Years; then arrow up to click on your animal.

Mardi Gras, which means "Fat Tuesday" in the French language, is Tuesday, Feb 16. Fat Tuesday is the last day of the Carnival season and always falls on the day before Ash Wednesday, the first day of Lent.

The origins of Mardi Gras can be traced to **medieval Europe**, passing through Rome and Venice in the 17th and 18th centuries to the French House of the Bourbons. From here, the traditional revelry of "Boeuf Gras," or fatted calf, followed France to her colonies.

America's very first Mardi Gras was on March 2, 1699, when French-Canadian explorer Jean Baptiste Le Moyne Sieur de Bienville came to what is now New Orleans, and named it "**Pointe du Mardi Gras**" when his men realized it was the eve of the festive holiday.

To read more on history of Mardi Gras, go to <https://www.mardigrasneworleans.com/history/>

No Mardi Gras celebration is complete without a King Cake, especially in New Orleans.

Each king cake has a tiny baby inside (generally plastic now, but it's possible the baby might be made of porcelain or even gold). In the past, you might have found an item such as a coin, bean, pecan or pea in a king cake. The lucky person who receives the slice of cake with the baby has the next king cake party (or brings the next cake for the office).

Look for a King Cake recipe in this issue.



CHEF RUBY

Bacon & Egg Toast Cups

The Farm Girl Recipes,
<https://thefarmgirlrecipes.blogspot.com>

INGREDIENTS:

- 6 slices of bacon, uncooked or precooked
- 6 slices of whole wheat bread
- 1/2 cup shredded cheddar cheese
- 6 eggs
- salt and pepper



DIRECTIONS:

1. Preheat oven to 400 degrees F. Spray large muffin pan with cooking spray. In a frying pan, cook bacon about 3-5 minutes, until partially cooked but not completely crispy. NOTE: If using precooked bacon, skip this step. Transfer bacon to a paper towel-lined plate.
2. Cut out circles from bread slices using a 3.5" cookie or biscuit cutter or the rim of a glass. Press the bread rounds into the greased muffin wells.
3. Curl a piece of bacon around the periphery of each piece of bread, positioning it between the bread and the muffin tin to help keep it in position. This can be a little tricky until you get the hang of it.
4. Sprinkle a small amount of shredded cheese in the center of each piece of bread. Crack one egg over each piece of bread, being careful not to break the yolks. You may not want to use all of the egg white. If you do, you may need to adjust the cooking time a little longer.
5. Bake until eggs are cooked through to your liking. Well-done would be about 18 minutes. Run a knife around the edge of each muffin well and pop the egg cups out. Season with salt and pepper to taste and serve immediately.



CHEF RUBY

Flaky Apple Bars

From EatingWell.com

INGREDIENTS:

- 1 sheet frozen puff pastry, thawed
- 3 medium apples, peeled if desired and sliced (about 3 cups)
- 3 tablespoons granulated sugar
- 3/4 teaspoon ground cinnamon, divided
- 1 tablespoon all purpose flour plus 1/4 cup, divided
- 1/2 cup rolled oats
- 1/4 cup nuts, such as sliced almonds or chopped pecans
- 1/2 cup light brown sugar
- 1/4 cup unsalted butter, cut into small pieces



DIRECTIONS:

1. Preheat oven to 400°F.
2. Unfold puff pastry and place on a large rimmed baking sheet. With a sharp knife, gently score the pastry about 1/4 inch from the edge to create a border.
3. Combine apples, granulated sugar, 1/2 teaspoon cinnamon and 1 tablespoon flour in a medium bowl; stir well to coat the apples. Spread the apples evenly over the pastry inside the border.
4. Combine oats, nuts, brown sugar and the remaining 1/4 cup flour and 1/4 teaspoon cinnamon in the medium bowl. Cut in butter until the mixture resembles coarse crumbs. Sprinkle the topping evenly over the apples.
5. Bake until the pastry is browned and the apples are soft, 25 to 30 minutes.

Nutrition Facts

Serving Size: 1 slice

Per Serving: 240 calories; fat 13g; cholesterol 10mg; sodium 53mg; carbohydrates 30g; dietary fiber 2g; protein 3g; sugars 16g; niacin equivalents 1mg; saturated fat 4g; vitamin a iu 144IU.



CHEF RUBY

Air Fryer Beignets

From EatingWell.com



Classic beignets are deep-fried, but not these! The air fryer gives these beignets a healthier twist by using less oil to achieve the crispy exterior and soft chewy inside that makes this South Louisiana specialty so mouthwatering.

INGREDIENTS:

- 1/2 cup whole milk warmed (100-110 degrees)
- 1 (.25 ounce) envelope active dry yeast
- 6 tablespoons granulated sugar, divided
- 2 & 1/2 cups all-purpose flour, plus more for work surface
- 1/2 teaspoon salt
- 1 large egg
- 1 large egg yolk
- 1 teaspoon vanilla extract
- 6 tablespoons unsalted butter, melted, divided
- Cooking spray
- 1/2 cup confectioner's sugar

DIRECTIONS:

1. Combine milk, yeast and 1 tablespoon granulated sugar in a measuring cup. Let stand until foamy, about 5 minutes. Pour the yeast mixture into the bowl of a stand mixer fitted with a dough hook attachment. Add flour, salt and the remaining 5 tablespoons granulated sugar. Beat on low speed until combined, about 30 seconds. Whisk egg, egg yolk, vanilla and 4 tablespoons melted butter together in a measuring cup or small bowl until combined. With the mixer running on low speed, gradually add the egg mixture to the flour mixture. Increase speed to medium-high and beat until the dough forms a loose ball around the hook and is smooth and elastic, about 3 minutes.



Air Fryer Beignets (Continued)

DIRECTIONS: (Continued)

2. Place the dough on a lightly floured surface and knead, adding a little more flour, if needed, until it forms a smooth ball. Transfer to a lightly greased large bowl. Cover loosely and let rise in a warm draft-free place (80-85°F) until doubled in size, about 1 hour.

3. Turn the dough out onto a lightly floured work surface. Roll out into a 10-inch square; cut into 20 rectangles. Cover lightly with a kitchen towel and let stand for 15 minutes.

4. Preheat air fryer to 350°F for 5 minutes. Lightly coat the basket with cooking spray. Add 4 to 6 dough pieces to the basket, placing them 1/2 inch apart. Coat the dough pieces lightly with cooking spray. Cook until golden brown, 3 to 4 minutes. Turn the beignets over, coat with cooking spray and cook until the other side is golden brown, 3 to 4 minutes more. Brush the beignets with some of the remaining melted butter. Transfer to a serving platter and immediately dust with confectioners' sugar. Repeat with the remaining dough pieces.

Equipment: Stand mixer; air fryer

Nutrition Facts

Serving Size: 2 beignets

Per Serving:

253 calories; fat 9g; cholesterol 57mg; sodium 133mg; carbohydrates 39g; dietary fiber 1g; protein 5g; sugars 14g; niacin equivalents 2mg; saturated fat 5g; vitamin a iu 284IU.



CHEF RUBY

Mardi Gras King Cake

From AllRecipes

<https://www.allrecipes.com>

You may view a video of how to make a King Cake at
<https://www.allrecipes.com/video/4268/mardi-gras-king-cake/>

Preparation: 1 hour

Total: 4 hrs 30 mins

Cook: 30 minutes

Servings: 16

Additional: 3 hours

Yield: 2 cakes

INGREDIENTS:

1 cup milk

1/4 cup butter

2 (.25 ounce) packages active dry yeast

2/3 cup warm water (110 degrees F or 45 degrees C)

1/2 cup white sugar

2 eggs

1 1/2 teaspoons salt

1/2 teaspoon freshly grated nutmeg

5 1/2 cups all-purpose flour

Filling:

1 cup packed brown sugar

1 tablespoon ground cinnamon

2/3 cup chopped pecans

1/2 cup all-purpose flour

1/2 cup raisins

1/2 cup melted butter

Frosting:

1 cup confectioners' sugar

1 tablespoon water

Gold (or yellow), green, and purple sugar

Plastic Toy Baby (new, and too large to swallow) or use an orange wedge of 3-4 pecan halves to avoid items that may hurt someone's teeth, then play the honorable toy baby on the outside of the top of the cake.



CHEF RUBY

Mardi Gras King Cake (continued)

DIRECTIONS:

1. Scald milk, remove from heat and stir in 1/4 cup of butter. Allow mixture to cool to room temperature. In a large bowl, dissolve yeast in the warm water with 1 tablespoon of the white sugar. Let stand until creamy, about 10 minutes.
2. When yeast mixture is bubbling, add the cooled milk mixture. Whisk in the eggs. Stir in the remaining white sugar, salt and nutmeg. Beat the flour into the milk/egg mixture 1 cup at a time. When the dough has pulled together, turn it out onto a lightly floured surface and knead until smooth and elastic, about 8 to 10 minutes.
3. Lightly oil a large bowl, place the dough in the bowl and turn to coat with oil. Cover with a damp cloth or plastic wrap and let rise in a warm place until doubled in volume, about 2 hours. When risen, punch down and divide dough in half.
4. Preheat oven to 375 degrees F (190 degrees C). Grease 2 cookie sheets or line with parchment paper.
5. To Make Filling: Combine the brown sugar, ground cinnamon, chopped pecans, 1/2 cup flour and 1/2 cup raisins. Pour 1/2 cup melted butter over the cinnamon mixture and mix until crumbly.
6. Roll dough halves out into large rectangles (approximately 10x16 inches or so). Sprinkle the filling evenly over the dough and roll up each half tightly like a jelly roll, beginning at the wide side. Bring the ends of each roll together to form 2 oval shaped rings. Place each ring on a prepared cookie sheet. With scissors make cuts 1/3 of the way through the rings at 1 inch intervals. Let rise in a warm spot until doubled in size, about 45 minutes.
7. Bake in preheated oven for 30 minutes. Carefully push the doll into the bottom of the cake. Frost while warm with the confectioners' sugar blended with 1 to 2 tablespoons of water. Alternate gold, green and purple sugars on top of frosting.

Nutrition Facts – Per serving:

418 calories; protein 7.2g; carbohydrates 68.7g; fat 13.4g; cholesterol 47.3mg; sodium 300.5mg.



PHOTO OPS



One of our members, Elizabeth has driving restrictions after a medical issue. Since she can't come to us several members drove to Westminster to have lunch with her. We also celebrated Sophie and Barbara's birthday. Panera Bread did not seem to mind that we spent a few hours in our own little corner while we enjoyed ourselves chatting away.

-- Submitted by Beverly Goines,
R and R Hatters, MD --



Come and join your Hatquarters Team for the monthly Zooms! Each month, RHS will be discussing upcoming events, Lifestyle Speaker Series, updates on the company, and so much more! They also want to hear from our Members! So be ready to share! Think of it as a Girls Day In!

ZOOM WITH HATQUARTERS
 MEETING ID: 853 0037 1300
 PASSCODE: RHS2021
 FEBRUARY 3, 2021 10AM PST

RHS ♥ VALENTINE'S DAY
 OPEN ALL WEEKEND!
 BE MINE, VALENTINE!
 FEBRUARY 10, 2021 10AM PST

RHS CELEBRATES MARDI GRAS CARNIVAL
 OPEN ALL DAY!
 MASKS, BEADS, WEAR YOUR CARNIVAL BEST.
 FEBRUARY 16, 2021 10AM PST

RHS LIFESTYLE SPEAKER SERIES - TBD
 FEBRUARY 24, 2021 10AM PST



Items for Sale from Paulette Brown

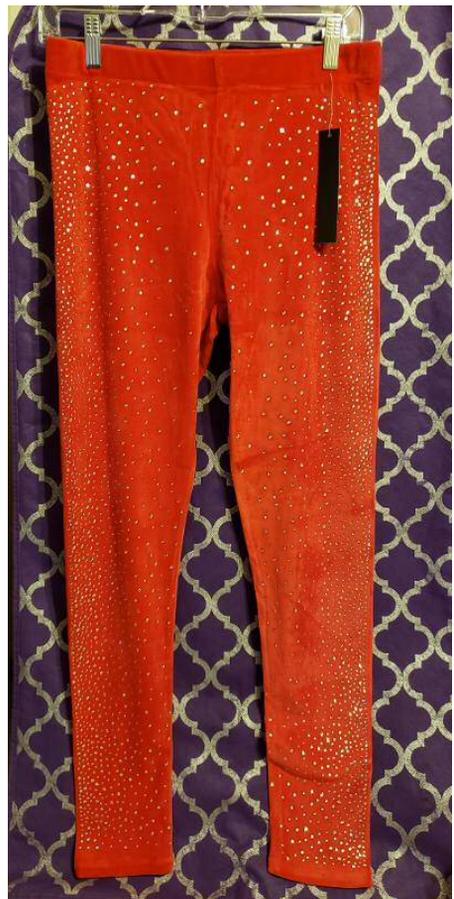
Contact Paulette Brown
 Red Hat Whimsy,
E-mail: redhatwhimsy@yahoo.com
Phone: 202-294-8377
Facebook: Red Hat Whimsy by Paulette Brown

Contact Paulette via e-mail or phone to get the shipping cost. Then make check payable to Paulette Brown. State which item(s) and color(s) you want. Include name, address, city, state, zipcode and phone number.

MAIL TO: Paulette Brown, 4920 5th Street NW, Washington, DC 20011



Rhinestone Heart design, elegant Round Neck, 3/4 Ladder sleeve Ladder Tunic that is always in style and perfect for everyday and anytime wear. Available in Red and Black.
 Content: 60% Combed Cotton / 40% Poly
 Available in Sizes: S, M, L, XL, 1X, 2X, 3X
 [Cost not provided. Contact Paulette.]



Rhinestone Embellished Solid Brushed Velour Velvet Leggings
 Ultra Comfort Fabric Elastic Waist, 90% Nylon 10% Spandex
 Hand Wash or Professional Wash
 Sizes S, M, L, 1x-2x, 3x-4x - **\$45.00**

Classified

More Items for Sale from Paulette Brown

See previous page for contact and ordering information.



Embellished Red Solid Brushed Velour Velvet Leggings
Ultra Comfort Fabric Elastic Waist, 90% Nylon
10% Spandex
Hand Wash or Professional Wash
Sizes S, M, L, 1x-2x, 3x-4x - **\$35.00**



Elegant Bling cardigan with a full length matching rhinestone zipper, collar and two side pockets. The cardigans come in a variety of bright and beautiful colors. Contents: 80% Cotton / 20% Poly
Available in Sizes: S, M, L, XL, 1x, 2x, 3x - **\$65.00**

Items from Royal Splendor

www.royalsplendor.com

Phone: 866-212-9983



Baroness Collection

Sweatshirt, starting at \$28.99

Basic T-Shirt), starting at \$22.99

3/4 Sleeve Scoop Classic, starting at \$28.99

3/4 Sleeve V-Neck Classic, starting at \$28.99

Crystal Denim Jacket, starting at \$58.99

Iron-on Patch, \$4.99

Pocket Planner, \$5.99

Jar Opener, \$3.49

Button Pin, \$1.69



*(available in purple,
lavender & pink; limit
number in stock)*

The "Whew" Collection

Sweatshirt, starting at \$28.99

Basic T-Shirt (see left), starting at \$22.99

3/4 Sleeve Scoop Classic, starting at \$28.99

3/4 Sleeve V-Neck Classic, starting at \$28.99

Button Pin, \$1.69

*(available in purple, red, lavender, pink and
black)*



SPECIAL: Some items (not shown here) are on sale for up to 70% off. Go to <https://royalsplendor.com/collections/sale>

Items from Royal Splendor

www.royalsplendor.com

Phone: 866-212-9983



Love of the Hat Collection

Sweatshirt, starting at \$28.99

Basic T-Shirt (see left), starting at \$22.99

Short Sleeve V-Neck, starting at \$26.99

3/4 Sleeve Scoop Classic, starting at \$28.99

3/4 Sleeve V-Neck Classic, starting at \$28.99

Crystal Denim Jacket, starting at \$58.99

Iron-on Patch, \$4.99

Pocket Planner, \$5.99

Jar Opener, \$3.49

Button Pin, \$1.69

Bookmarker, \$1.49



(shirts available in purple, red, lavender & pink)

Love of the Hat Face Masks

*MADE IN THE USA

*3-Layers of protection & pocket

*Slit opening for disposable filter (4 coffee filters included to test)

*100% Poplin cotton within the breathable area

*97% & 3% Spandex ear loops makes for the perfect snug fit.

*Soft & Comfortable feel against your face

*One size fits most adults. Mask body size - 6"H x 7"W

*Non-refundable or returnable due to the nature of the product



(available in purple or lavender)

Machine or hand wash often or after each use. Hang to dry. Please note, masks help reduce exposure to dust, allergen germs, and bodily fluids; however, masks are not a respirator and will not eliminate the risk of contracting disease or infection. Our masks are not a respirator and will not eliminate the risk of contracting a disease or infection.

NOTE: A portion of each sale will go back to first responders.



Items Available Red Hat Regalia

<https://www.facebook.com/groups/1395418484045715>

Contact Diane & Doug Wieboldt

redhatregalia@gmail.com



Pirate masks. \$8. Red or Black. Soft knit fabric. Has filter pocket and comes with 1 filter.

2021 crystal stone shirt perfect to wear as we look hopefully to 2021. ***\$24, ***3/4 length sleeve, available in purple, black, or red. Shipping additional -- Exclusive design of Red Hat Regalia.



New Arrivals, Monkey and Christmas Camper Charms. \$5 each. Wish the cute little camper had come in before the holidays but it must have taken a wrong turn as it took forever to arrive. Hopefully the mail will get straight again soon. LOL [Diane Wieboldt]



Items Available Red Hat Regalia

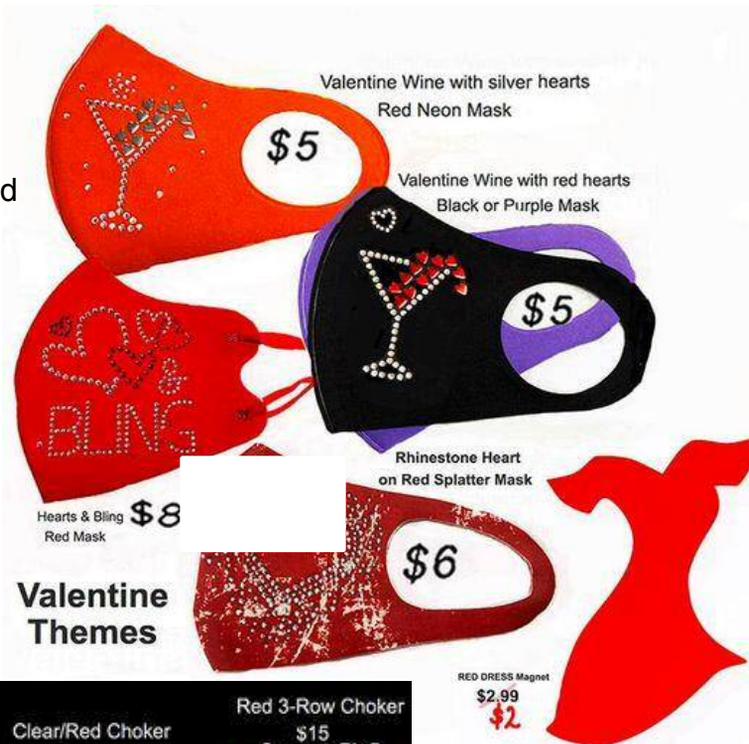
<https://www.facebook.com/groups/1395418484045715>

Contact Diane & Doug Wieboldt

redhatregalia@gmail.com

Valentines Day themed masks and Red Dress Magnet.

Prices on pictures. Available in the colors that are shown on the picture.



Valentine Themes



RED DRESS Magnet
\$2.99
~~\$2~~

February is
Heart Month



Items Available Red Hat Regalia

<https://www.facebook.com/groups/1395418484045715>

Contact Diane & Doug Wieboldt

redhatregalia@gmail.com



FUNVENTION pin with charm loops. \$14.99 (#6338), shipping additional Does not come with the flag charm (sold separately). It is just showing how charms are attached. If you want the charm also just let me know (#7425) \$5.



Saint Pat Theme

\$6

\$6

\$5

St. Patrick's Day themed masks. Masks with crystals available on black and purple but the colors don't pop as well on the purple--\$6 each. Shamrocks on White Mask--\$5.



\$4

\$5

Queen and Vice Queen

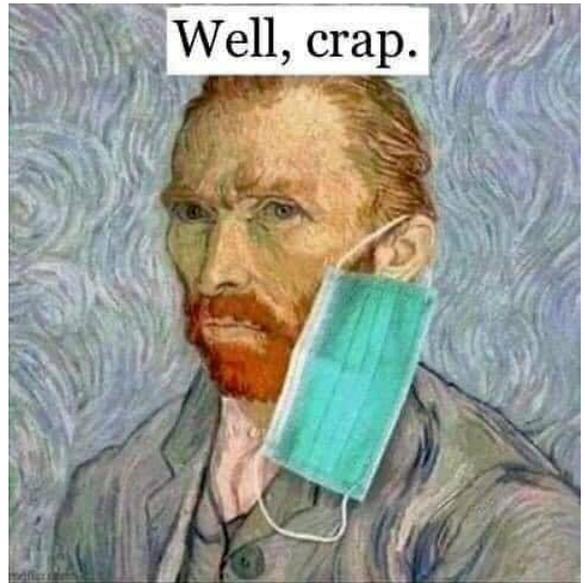


Nothing Better to Do So You Might As Well Read These Too!

-- Submitted by Barbara Peterson, Queen Blingsalot, Sweet Elite Tarts, Stewartstown, PA --

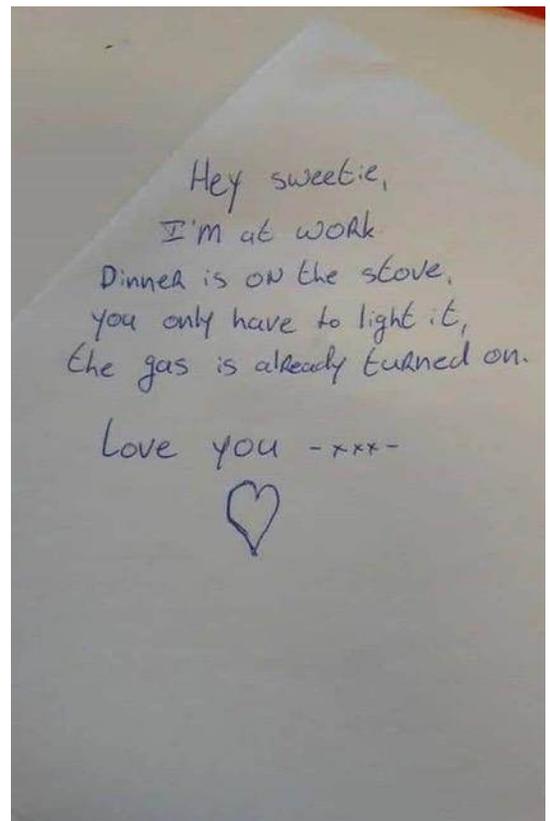


How creative! It's a Snow Mailbox Man!



Well, crap.

Stages of Quarantine

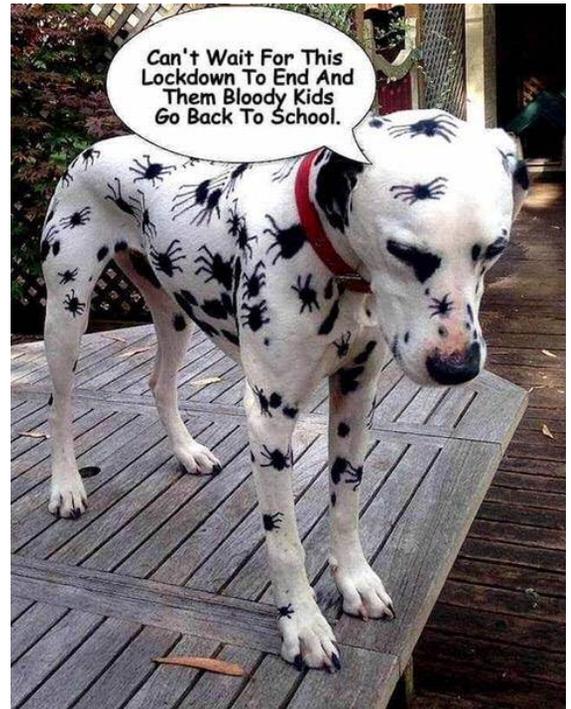


Nothing Better to Do So You Might As Well Read These Too!

-- Submitted by Barbara Peterson, Queen Blingsalot, Sweet Elite Tarts, Stewartstown, PA --



"Did you know there's a miniature woman tied to the train tracks who looks remarkably like me?"



**MY BODY
ABSORBED SO
MUCH SOAP AND
DISINFECTANT
LATELY
THAT WHEN I PEE IT
CLEANS THE TOILET**



Are you drinking more while in lockdown ?

yes

no



Nothing Better to Do So You Might As Well Read These Too!

-- Submitted by Barbara Peterson, Queen Blingsalot, Sweet Elite Tarts,
Stewartstown, PA --

Children Speak Their Minds:

TEACHER: How old is your father?

KID: He is 6 years old.

TEACHER: What? How is this possible?

KID: He became father only when I was born.

(Logic! Children are quick and always speak their minds.)

TEACHER: Maria, go to the map and find North America.

MARIA: Here it is.

TEACHER: Correct. Now Class, who discovered America?

CLASS: Maria.

TEACHER: Glenn, how do you spell "crocodile"?

GLENN: K-R-O-K-O-D-I-A-L

TEACHER: No that's wrong

GLENN: Maybe it is wrong, but you asked me how I spell it.

TEACHER: Donald, what is the chemical formula for water?

DONALD: H I J K L M N O.

TEACHER: What are you taking about?

DONALD: Yesterday you said it's H to O.

TEACHER: Clyde, your composition on "My Dog" is exactly the same as your brother's. Did you copy his?"

CLYDE: No, sir; it's the same dog.

TEACHER: Harold, what do you call a person who keeps on talking when people are no longer interested?

HAROLD: A teacher.

Best Knock Knock Joke Ever...

Three brothers, ages 92, 94 and 96, live in a house together.

One night the 96 year old draws a bath, puts his foot in and pauses. He yells down the stairs, "Was I getting in or out of the bath?"

The 94 year old yells back, "I don't know, I'll come up and see." He starts up the stairs and pauses, then he yells, "Was I going up the stairs or coming down?"

The 92-year old was sitting at the kitchen table having coffee listening to his brothers. He shakes his head and says, "I sure hope I never get that forgetful." He knocks on wood for good luck. He then yells, "I'll come up and help both of you as soon as I see who's at the door."

Unexpected Friendship:



A pelican befriended a stray dog that was often spotted hanging out all alone along the boat docks. The man who photographed this has adopted him but brings him back every day to see his friend, Petey the Pelican.

Nothing Better to Do So You Might As Well Read These Too!

A new teacher was trying to make use of Her psychology courses. She started her class by saying, 'Everyone who thinks They're stupid, stand up!' After a few seconds, Little Harold stood up the teacher said, 'Do you think you're stupid, Harold?' 'No, ma'am, but I hate to see you standing there all by yourself!'

Harold watched, fascinated, as his mother Smoothed cold cream on her face. 'Why do you do that, mommy?' he asked.

'To make myself beautiful,' said his mother, who then began removing the cream with a tissue. 'What's the matter, asked Harold 'Giving Up?'

The math teacher saw that Harold wasn't paying attention in class. She called on him and said, 'Harold! What are 2 and 4 and 28 and 44?' Harold quickly replied, 'NBC, FOX, ESPN and the Cartoon Network!'

Harold's kindergarten class was on a field trip to their local police station where they saw pictures tacked to a bulletin board of the 10 most wanted criminals. One of the youngsters pointed to a picture and asked if it really was the photo of a wanted person.

'Yes, 'Said the policeman. The detectives want very badly to capture him.'

Harold asked, "Why didn't you keep him when you took his picture ?"

Little Harold attended a horse auction with his father. He watched as his father moved from horse to horse, running his hands up and down the horse's legs and rump, and chest.

After a few minutes, Harold asked, 'Dad, why are you doing that?'

His father replied, 'Because when I'm buying horses, I have to make sure that they are healthy and in good shape before I buy.

Harold, looking worried, said, 'Dad, I think the UPS guy wants to buy Mom'

- Just remember, once you're over the hill you begin to pick up speed.

- Having plans sounds like a good idea until you have to put on clothes and leave the house.

- It's weird being the same age as old people.

- When I was a kid I wanted to be older this is not what I expected.

- Life is like a helicopter. I don't know how to operate a helicopter.

- Chocolate is God's way of telling us he likes us a little bit chubby.

- **Marriage Counselor:** Your wife says you never buy her flowers. Is that true? **Him:** "To be honest, I never knew she sold flowers."

- Never sing in the shower! Singing leads to dancing, dancing leads to slipping, and slipping leads to paramedics seeing you naked. So remember...Don't sing!

- If 2020 was a math word-problem: If you're going down a river at 2 MPH and your canoe loses a wheel, how much pancake mix would you need to re-shingle your roof?

- So if a cow doesn't produce milk, is it a milk dud or an udder failure?

- I'm at a place in my life where errands are starting to count as going out.

Nothing Better to Do So You Might As Well Read These Too!

From Jacquie Maly, Maui, HI:

- When this virus thing is over with ... I still want some of you to stay away from me.
- If these last few weeks have taught us anything, it's that stupidity travels faster than any virus on the planet.
- Just wait a second; so what you're telling me is that my chance of surviving all this is directly linked to the Common Sense of others?
- Rest at Home is better than "Rest in Peace." 6 feet away is better than 6 feet under!
- Ran out of toilet paper and now using lettuce leaves. Today was just the tip of the iceberg, tomorrow remains to be seen.
- I stepped on to my talking scales this morning. It said: "Please practice social distancing. Only one person at a time, please."

From Barbara Peterson, Queen Blingsalot, Sweet Elite Tarts, Stewartstown, PA

A couple were in a busy shopping center just before Christmas. The wife suddenly noticed that her husband was missing and, as they had a lot to do, she called him on the mobile.

The wife said " Where are you? You know we have lots to do."

He said "You remember the jewelers we went into about 10 years ago, and you fell in love with that diamond necklace? I could not afford it at the time and I said that one day I would get it for you?"

Little tears started to flow down her cheek and she got all choked up...

"Yes, I do remember that shop." she replied.

"Well I am in the gun shop next door to that."

Watch for these consolidations later on this year:

1. Hale Business Systems, Mary Kay Cosmetics, Fuller Brush, and W R. Grace Co. will merge and become: Hale, Mary, Fuller, Grace.
2. Polygram Records, Warner Bros., and Zesta Crackers join forces and become: Poly, Warner Cracker.
3. 3M will merge with Goodyear and become: MMMGood.
4. Zippo Manufacturing, Audi Motors, Dofasco, and Dakota Mining will merge and become: ZipAudiDoDa.

5. FedEx is expected to join its competitor, UPS, and become: FedUP.
6. Fairchild Electronics and Honeywell Computers will become: Fairwell Honeychild.
7. Grey Poupon and Docker Pants are expected to become: PouponPants.
8. Knotts Berry Farm and the National Organization of Women will become: Knott NOW.

And finally...

9. Victoria's Secret and Smith & Wesson will merge under the new name: TittyTittyBangBang.

Nothing Better to Do So You Might As Well Read These Too!

Fifty Ways to Beat the Virus

Stay away from the pack, Jack
Don't visit your Gran, Stan
Wipe down every toy, Roy
To keep virus-free
Don't hop on the bus, Gus
Don't listen to Don, Ron
Don't hoard the TP, Lee
Just stay virus free
Sneeze into you sleeve, Steve
Stop touching your face, Grace
Keep back to six feet, Pete
Heed the CDC
Just use the Purell, Mel
Keep wipes in your purse, Nurse
Take care of your stock, Doc
You need PPE
This isn't spring break, Jake.
Stay home if you're sick, Dick
As COVID leaps, peeps
Just follow the rules, fools
And stay virus-free

-- author unknown --

Harold

- A new teacher was trying to make use of Her psychology courses. She started her class by saying, "Everyone who thinks they're stupid, stand up!" After a few seconds, Little Harold stood up. The teacher said, "Do you think you're stupid, Harold?" "No, ma'am, but I hate to see you standing there all by yourself!"

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-- Submitted by Queen Mum Ginny
Klinedinst, Ramblin' Rosies, Severn MD --

Daffy Definition:

Cronacoaster: noun; the ups and downs of a pandemic. One day you're loving your bubble, doing work outs, baking banana bread and going for long walks and the next you're crying, drinking gin for breakfast and missing people you don't even like.

(continued in right column)

Nothing Better to Do So You Might As Well Read These Too!

From Emily Perez, The Adventurous Women of Mystic, Connecticut:

ONLY A MAN WOULD ATTEMPT THIS. Just try reading this without laughing till you cry!!! Pocket Taser Stun Gun, a great gift for the wife. A guy who purchased his lovely wife a pocket Taser for their anniversary submitted this: Last weekend I saw something at Larry's Pistol & Pawn Shop that sparked my interest. The occasion was our 15th anniversary and I was looking for a little something extra for my wife Julie. What I came across was a 100,000-volt, pocket/purse-sized Taser. The effects of the Taser were supposed to be short lived, with no long term adverse affect on your assailant, allowing her adequate time to retreat to safety...?? WAY TOO COOL! Long story short, I bought the device and brought it home... I loaded two AAA batteries in the darn thing and pushed the button. Nothing! I was disappointed. I learned, however, that if I pushed the button and pressed it against a metal surface at the same time, I'd get the blue arc of electricity darting back and forth between the prongs. AWESOME!!! Unfortunately, I have yet to explain to Julie what that burn spot is on the face of her microwave. Okay, so I was home alone with this new toy, thinking to myself that it couldn't be all that bad with only two AAA batteries, right? There I sat in my recliner, my cat Gracie looking on intently (trusting little soul) while I was reading the directions and thinking that I really needed to try this thing out on a flesh & blood moving target. I must admit I thought about zapping Gracie (for a fraction of a second) and then thought better of it. She is such a sweet cat but, if I was going to give this thing to my wife to protect herself against a mugger, I did want some assurance that it would work as advertised. Am I wrong? So, there I sat in a pair of shorts and a tank top with my reading glasses perched delicately on the bridge of my nose, directions in one hand, and Taser in another. The directions said that: a

one-second burst would shock and disorient your assailant; a two-second burst was supposed to cause muscle spasms and a major loss of bodily control; and a three-second burst would purportedly make your assailant flop on the ground like a fish out of water. Any burst longer than three seconds would be wasting the batteries. All the while I'm looking at this little device measuring about 5" long, less than 3/4 inch in circumference (loaded with two itsy, bitsy AAA batteries); pretty cute really, and thinking to myself, 'no possible way!' What happened next is almost beyond description, but I'll do my best. I'm sitting there alone, Gracie looking on with her head cocked to one side so as to say, 'Don't do it stupid,' reasoning that a one-second burst from such a tiny lil ole thing couldn't hurt all that bad. I decided to give myself a one-second burst just for heck of it. I touched the prongs to my naked thigh, pushed the button, and... HOLY MOTHER OF GOD. WEAPONS OF MASS DESTRUCTION. WHAT THE... !!! I'm pretty sure Hulk Hogan ran in through the side door, picked me up in the recliner, then body slammed us both on the carpet, over and over and over again. I vaguely recall waking up on my side in the fetal position, with tears in my eyes, body soaking wet, both nipples on fire, testicles nowhere to be found, with my left arm tucked under my body in the oddest position, and tingling in my legs! The cat was making meowing sounds I had never heard before, clinging to a picture frame hanging above the fireplace, obviously in an attempt to avoid getting slammed by my body flopping all over the living room. Note: If you ever feel compelled to 'mug' yourself with a Taser, one note of caution: There is NO such thing as a one-second burst when you zap yourself! You will not let go of that thing until it is dislodged from your hand by a violent thrashing about on the floor! A three-second burst would be considered conservative! A minute or so later (I

(continued on next page)

Nothing Better to Do So You Might As Well Read These Too!

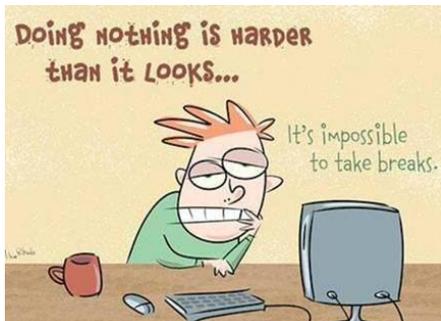
can't be sure, as time was a relative thing at that point), I collected my wits (what little I had left), sat up and surveyed the landscape. My bent reading glasses were on the mantel of the fireplace. The recliner was upside down and about 8 feet or so from where it originally was. My triceps, right thigh and both nipples were still twitching. My face felt like it had been shot up with Novocain, and my bottom lip weighed 88 lbs. I had no control over the drooling. Apparently I had crapped in my shorts, but was too numb to know for sure, and my sense of smell was gone. I saw a faint smoke cloud above my head, which I believe came from my hair. I'm still looking for my testicles and I'm offering a significant reward for their safe return! PS: My wife can't stop laughing about my experience, loved the gift and now regularly threatens me with it! If you think education is difficult, try being stupid!!!!

From Adele Rugg, Queen Diva Dell-Lucious, Kihel, Maui, HI

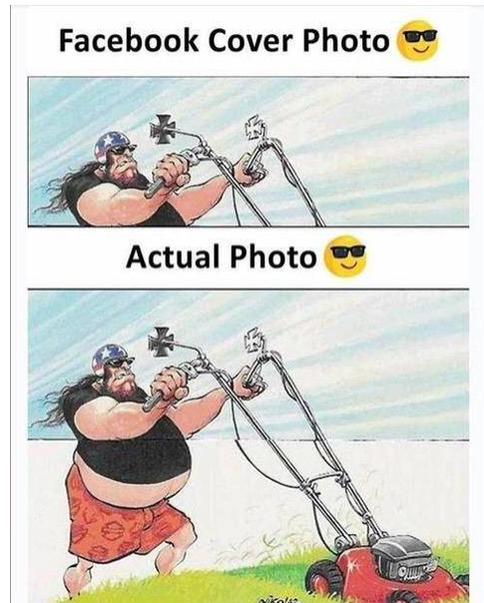


Did you know that a piranha can devour a small child down to the bone in less than 30 seconds?

Anyways, I lost my job at the aquarium today...



From Adele Rugg, Queen Diva Dell-Lucious, Kihel, Maui, HI:

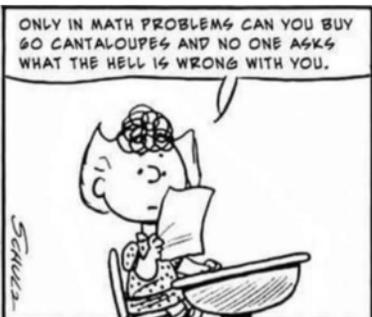
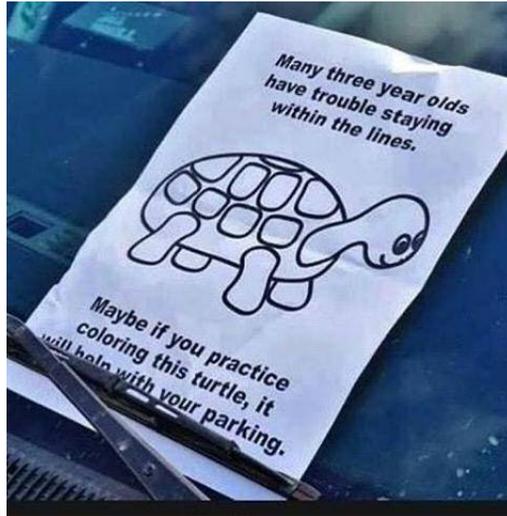


Nothing Better to Do So You Might As Well Read These Too!

-- Submitted by Adele Rugg, Queen Diva Dell-Lucious, Kihel, Maui, HI --



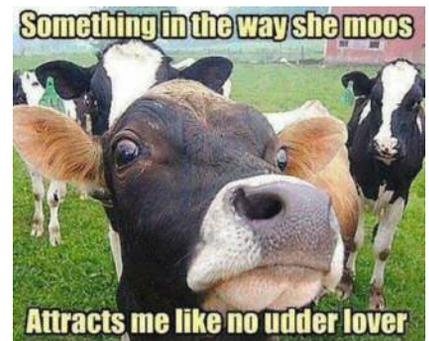
There's nothing like a little tomato soup to soothe the soul. Even if it's cold, over ice, with a celery stalk.... and vodka. 😊



When your wedding is sponsored by Sherwin Williams ...



It's my wife's birthday tomorrow, she's been leaving jewellery catalogues all over the house, so I've bought her a magazine rack



Nothing Better to Do So You Might As Well Read These Too!

From Lillie Fitzgerald, Capitol Dames, Washington, DC:

Go Created Seniors:

Most seniors never get enough exercise. In His wisdom God decreed that seniors become forgetful so they would have to search for their glasses, keys, and other things, thus doing more walking. And God looked down and saw that it was good.

Then God saw there was another need. In His wisdom He made seniors lose coordination so they would drop things, requiring them to bend, reach, and stretch. And God looked down and saw that it was good.

Then God considered the function of bladders and decided seniors would have additional calls of nature, requiring more trips to the bathroom, thus providing more exercise. God looked down and saw that it was good.

So if you find, as you age, you are getting up and down more, remember it's God's will. It is all in your best interest even though you mutter under your breath.

Nine Important Facts to Remember as We Grow Older

- #9 Death is the number 1 killer in the world.
- #8 Life is sexually transmitted.
- #7 Good health is merely the slowest possible rate at which one can die.
- #6 Men have two motivations: hunger and hanky-panky, and they can't tell them apart. If you see a gleam in his eyes, make him a sandwich.

#5 Give a person a fish and you feed them for a day. Teach a person to use the Internet and they won't bother you for weeks, months, maybe years.

#4 Health nuts are going to feel stupid someday, lying in the hospital, dying of nothing.

#3 All of us could take a lesson from the weather. It pays no attention to criticism.

#2 In the 60's, people took LSD to make the world weird. Now the world is weird, and people take Prozac to make it normal.

#1 Life is like a jar of jalapeno peppers. What you do today may be a burning issue tomorrow.

Please share this wisdom with others; I need to go to the bathroom.

From Adele Rugg, Queen Diva Dell-Lucious, Kihel, Maui, HI:



Nothing Better to Do So You Might As Well Read These Too!

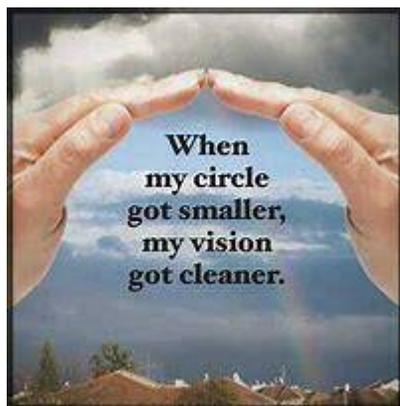
From Rose Moerschel, Frolicking Friends of Fallston:

An elderly couple was flying to Hawaii for a two-week vacation to celebrate their 50th anniversary. Suddenly, over the public address system, the captain announces, "Ladies and gentlemen, I am afraid I have some very bad news. Our engines have ceased functioning and we will attempt an emergency landing. Luckily, I see an uncharted island below us and we should be able to land on the beach. However, the odds are that we may never be rescued and will have to live on the island for the rest of our lives."

Thanks to the skill of the flight crew, the plane lands safely on the island.

An hour later, the husband turns to his wife and asks, "Honey, did we pay the car bill this month?" "No, sweetheart," she responds. Still shaken from the crash landing, he then asks, "Did we pay our credit card bill yet?" "Oh no! I'm sorry. I forgot to send the check," she says. "One last thing, did you remember to pay the medical bill for the hospital visit last month?" he asks. "Oh, forgive me, sweetheart," begged the wife. "I didn't send that one, either."

The husband grabs her and gives her the biggest hug in 50 years. She pulls away and asks him, "What was the hug for?" The husband answers, "They'll find us!"



From Adele Rugg, Queen Diva Dell-Lucious, Kihel, Maui, HI:



So I'm getting older and I'm not as well balanced as I once was and my Doctor recommended I put a bar in my shower. I have to say, I'm really quite happy with it.



Nothing Better to Do So You Might As Well Read These Too!

-- Submitted by Barbara Peterson, Queen Blingsalot,
Sweet Elite Tarts, Stewartstown, PA --

That's Life!

On the first day, God created the dog and said, "Sit all day by the door of your house and bark at anyone who comes in or walks past. For this, I will give you a life span of twenty years." The dog said, "That's a long time to be barking. How about only ten years and I'll give you back the other ten?"

And God saw it was good.

On the second day, God created the monkey and said, "Entertain people, do tricks, and make them laugh. For this, I'll give you a twenty-year life span."

The monkey said, "Monkey tricks for twenty years? That's a pretty long time to perform. How about I give you back ten like the dog did?"

And God, again saw it was good.

On the third day, God created the cow and said, "You must go into the field with the farmer all day long and suffer under the sun, have calves and give milk to support the farmer's family. For this, I will give you a life span of sixty years."

The cow said, "That's kind of a tough life you want me to live for sixty years. How about twenty and I'll give back the other forty?"

And God agreed it was good.

On the fourth day, God created humans and said, "Eat, sleep, play, marry and enjoy your life. For this, I'll give you twenty years."

But the human said, "Only twenty years? Could you possibly give me my twenty, the forty the cow gave back, the ten the monkey gave back, and the ten the dog gave back; that makes eighty, okay?"

"Okay," said God, "You asked for it."

So that is why for our first twenty years, we eat, sleep, play and enjoy ourselves.

For the next forty years, we slave in the sun to support our family.

For the next ten years, we do monkey tricks to entertain the grandchildren.

And for the last ten years, we sit on the front porch and bark at everyone.

Life has now been explained to you.

There is no need to thank me for this valuable information.

I'm doing it as a public service.

If you are looking for me I will be on the front porch...

Aging:

- Eventually you will reach a point when you stop lying about your age and start bragging about it. This is so true. I love to hear them say, "You don't look that old."

- The older we get, the fewer things seem worth waiting in line for. (Mostly because we forgot why we were waiting in line in the first place !!)

- Some people try to turn back their odometers. Not me! I want people to know why I look this way. I've traveled a long way and some of the roads weren't paved.

- When you are dissatisfied and would like to go back to youth, think of Algebra.

- One of the many things no one tells you about aging is that it is such a nice change from being young.

- Ah, being young is beautiful, but being old is comfortable.

- (And this final one especially for me,)
"Lord, keep Your arm around my shoulder and Your hand over my mouth!"

Nothing Better to Do So You Might As Well Read These Too!

-- Submitted by Brenda Johnson, Queen B, Red Hot Chocolate, Washington, DC --

Why I Like Retirement!

Question: How many days in a week?

Answer: 6 Saturdays, 1 Sunday

Question: When is a retiree's bedtime?

Answer: Two hours after falling asleep on the couch.

Question: How many retirees does it take to change a light bulb?

Answer: Only one, but it might take all day.

Question: What's the biggest gripe of retirees?

Answer: There is not enough time to get everything done.

Question: Why don't retirees mind being called Seniors?

Answer: The term comes with a 10% discount.

Question: Among retirees, what is considered formal attire?

Answer: Tied shoes.

Question: Why do retirees count pennies?

Answer: They are the only ones who have the time.

Question: What is the common term for someone who enjoys work and refuses to retire?

Answer: NUTS!

Question: Why are retirees so slow to clean out the basement, attic or garage?

Answer: They know that as soon as they do, one of their adult kids will want to store stuff there.

Question: What do retirees call a long lunch?

Answer: Normal.

Question: What is the best way to describe retirement?

Answer: The never-ending Coffee Break.

Question: What's the biggest advantage of going back to school as a retiree?

Answer: If you cut classes, no one calls your parents.

Question: What do you do all week?

Answer: Monday through Friday, NOTHING. Saturday & Sunday, I rest.

SERENITY

- Just before the funeral services, the undertaker came up to the very elderly widow and asked, "How old was your husband?" "98", she replied... "Two years older than me." "So you're 96". The undertaker commented.... She responded, "Hardly worth going home, is it?"

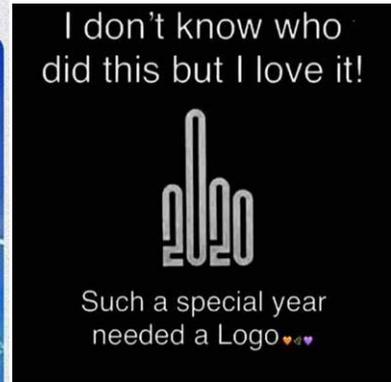
- Reporters interviewing a 104-year old woman: "And what do you think is the best thing about being 104?" the reporter asked. She simply replied, "No peer pressure."

- I feel like my body has gotten totally out of shape, so I got my doctor's permission to join a fitness club and start exercising. I decided to take an aerobics class for seniors. I bent, twisted, gyrated, jumped up and down, and perspired for an hour. But, by the time I got my leotards on, the class was over.

- Know how to prevent sagging? Just eat till the wrinkles fill out.

Nothing Better to Do So You Might As Well Read These Too!

-- submitted by Jacquie Maly, Maui, HI --



During the lockdown, I've run out of entertainment. So I send David, my neighbor flowers every Saturday evening with a message "I miss you". Then I go to my balcony with a drink and listen to his wife

Coin shortage is from people wishing 2020 was over



Everyday Covid Check:
At 5PM open a bottle of wine, smell it, then pour it in a glass. If you can smell it and taste it, you are good. Celebrate by finishing the bottle. You are welcome!

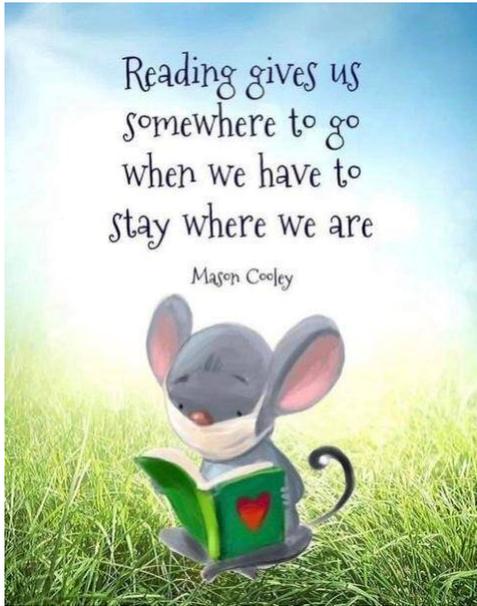


So for season 2... I mean the second wave... can we switch quarantine partners or are we stuck with the same ones from season 1? 😊



Nothing Better to Do So You Might As Well Read These Too!

-- submitted by Jacquie Maly, Maui, HI --



The masked singer.



I'll have a
café mocha
vodka
valium latte
to go please.

**Coronavirus
throat spray**



If people from 2020 were on the Titanic.



Nothing Better to Do So You Might As Well Read These Too!

-- Submitted by Adele Rugg, Queen Diva Dell-Lucious, Kihel, Maui, HI --

Now That's A Fact:

Be sure to read until the end.

1. WHY do men's clothes have buttons on the right while women's clothes have buttons on the left?

BECAUSE: When buttons were invented, they were very expensive and worn primarily by the rich. Since most people are right-handed, it is easier to push buttons on the right through holes on the left. Because wealthy women were dressed by maids, dressmakers put to buttons on the maid's right. And that's where women's buttons have remained since.

2. WHY do ships and aircraft use "mayday" as their call for help?

BECAUSE: This comes from the French word *m'aidez* – meaning "help me" – and is pronounced, approximately, "mayday".

3. WHY are zero scores in tennis called "love"?

BECAUSE: In France, where tennis became popular, the round zero on the scoreboard looked like an egg and was called "l'oeuf", which is French for "the egg". When tennis was introduced in the US, Americans (naturally) mispronounced it "love".

4. WHY do X's at the end of a letter signify kisses?

BECAUSE: In the Middle Ages, when many people were unable to read or write, documents were often signed using an X. Kissing the X represented an oath to fulfill obligations specified in the document. The X and the kiss eventually became synonymous.

5. WHY is the shifting responsibility to someone else called "passing the buck"?

(continued in right column)

5. BECAUSE: In card games, it was once customary to pass an item, called a buck, from player to player to indicate whose turn it was to deal. If a player did not wish to assume the responsibility of dealing, he would "pass the buck" to the next player.

6. WHY do people clink their glasses before drinking a toast?

BECAUSE: In earlier times it used to be common for someone to try to kill an enemy by offering him a poisoned drink. To prove to a guest that a drink was safe, it became customary for a guest to pour a small amount of his drink into the glass of the host. Both men would drink it simultaneously. When a guest trusted his host, he would only touch or clink the host's glass with his own.

7. WHY are people in the public eye said to be "in the limelight"?

BECAUSE: Invented in 1825, limelight was used in lighthouses and theatres by burning a cylinder of lime which produced a brilliant light. In the theatre, a performer "in the limelight" was the center of attention.

8. WHY is someone who is feeling great "on cloud nine"?

BECAUSE: Types of clouds are numbered according to the altitudes they attain, with nine being the highest cloud. If someone is said to be on cloud nine, that person is floating well above worldly cares.

9. WHERE, in golf, did the term "caddie" come from?

BECAUSE: When Mary Queen of Scots went to France as a young girl, Louis, King of France,

(continued on next page)

Nothing Better to Do So You Might As Well Read These Too!

-- Submitted by Adele Rugg, Queen Diva Dell-Lucious, Kihel, Maui, HI --

Now That's A Fact: (continued)

9. Continued

learned that she loved the Scots game "golf". He had the first course outside of Scotland built for her enjoyment. To make sure she was properly chaperoned (and guarded) while she played, Louis hired cadets from a military school to accompany her. Mary liked this a lot and when she returned to France (not a very good idea in the long run), she took the practice with her. In French, the word cadet is pronounced "ca-day" and the Scots changed it into caddie.

10. WHY are many coin collection jar banks shaped like pigs?
BECAUSE: Long ago, dishes and cookware in Europe were made of dense orange clay called "pygg". When people saved coins in jars made of this clay, the jars became known as "pygg banks". When an English potter misunderstood the word, he made a container that resembled a pig. And it caught on.

And now, a brief story:

Bet you don't know "Big cheeks".

Big cheeks. A grandson of slaves, a boy was born in a poor neighborhood of New Orleans know as the "Back of Town", His father abandoned the family when the child was an infant. His mother became a prostitute and the boy and his sister had to live with their grandmother.

Early in life he proved to be gifted for music and with three other kids he sang in the streets of New Orleans. His first gains were coins that were thrown to them.

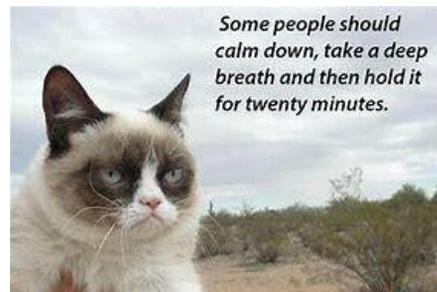
A Jewish family, Karnofsky, who had emigrated from Lithuania to the USA, had pity for the 7-year old boy and brought him into their home. Initially giving "work" in the house, to feed this hungry child. There he remained and slept in this Jewish family's home where, for the first time in his life, he was treated with kindness and tenderness. Went he went to bed, Mrs. Karnofsky sang him a Russian lullaby that he would sing with her. Later he learned to sing and play several Russian and Jewish songs.

Over time, this boy became the adopted son of this family. The Karnofskys gave him money to buy his first musical instrument, as was the custom in the Jewish families. They sincerely admired his musical talent. Later, when he became a professional musician and composer, he used these Jewish melodies in compositions, such as St. James Infirmary and Go Down Moses.

The little black boy grew up and wrote a book about this Jewish family who had adopted him in 1907. In memory of this family and until the end of his life, he wore a Star of David and said that in this family, he had learned "how to live real life and determination".

You might recognize his name. This little boy was called Louis "Satchmo" Armstrong.

Louis Armstrong proudly spoke fluent Yiddish. And "Satchmo" is "Yiddish for "Big Cheeks"!

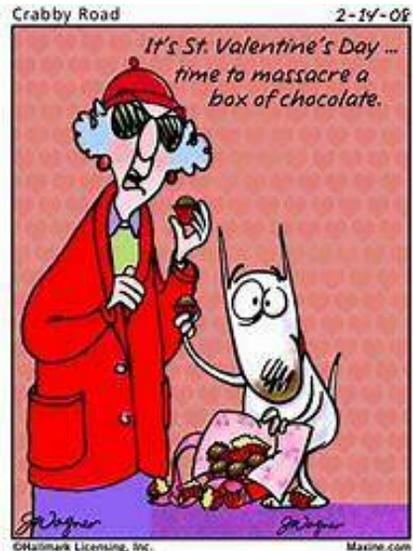


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Just for Fun

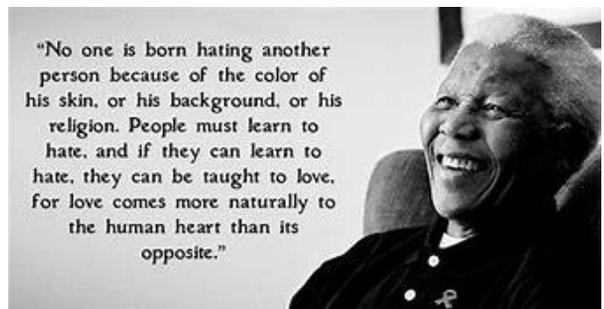
Trivia for Seniors – February Birthdays:

1. She was married to Michael Jackson, is sole heiress to Elvis' estate, and only legitimate child of Elvis.
2. This gentleman served in the US Air Force, then worked in the Post Office during the day while studying acting at night. He had two popular roles as Deacon Ernest Frye on *Amen* and George Jefferson on *The Jeffersons*.
3. This woman was an esteemed musician until addiction to heroine led to her downfall. She was that daughter of Nat King Cole and died at the age of 65 in Jan 2016 from heart failure and lung disease.
4. Her mother was Maureen O'Sullivan; she married Frank Sinatra in 1966 and divorced him 2 years later; her most famous roles were in *Peyton Place* and *Rosemary's Baby*.
5. His film debut was in the film, *The Happy Years*, in 1950; he had starring TV roles in *It Takes a Thief* and in *Hart to Hart*; he was married to Natalie Wood at the time of her death.
6. She debuted on Broadway in *Wish You Were Here*; she was on *Dancing with the Stars* in 2010; people most remember her for her role as Carol Brady on *The Brady Bunch*.
7. He was a long-time American broadcaster, TV host, news anchor, TV producer, author, game show host, and music composer; he is best known for co-hosting the NBC News program *Today* from 1962-1971, hosting the *Concentration* game show from 1958-1969, and anchor of the ABC news magazine *20/20* from 1978-1999; he served as an announcer and sidekick for *Tonight Starring Jack Paar*.
8. She was a professional model who sought to become an actress; she most famously turns letters on *Wheel of Fortune*.
9. Married to Kelly Preston in 1991, this gentleman won a Golden Globe for his role in *Get Shorty*; he had iconic roles in *Saturday Night Fever*, *Pulp Fiction*, and *Welcome Back Kotter*.
10. This daughter of the 42nd President of the US skipped third grade; her mother served as the US Secretary of State.



Black History Month 2021 Theme:

Since 1976, every American president has designated February as Black History Month and endorsed a specific theme. The Black History Month 2021 theme, "Black Family: Representation, Identity and Diversity" explores the African diaspora, and the spread of Black families across the United States. To learn more and view videos, go to The History Channel web site at: <https://www.history.com/topics/black-history/black-history-month>



- Answers to Feb Birthdays:**
1. Lisa Marie Presley; 2. Sherman
 3. Natalie Cole; 4. Mia Farrow;
 5. Robert Wagner; 6. Florence Henderson;
 7. Hugh Downs; 8. Vanna White; 9. John Travolta; 10. Chelsea Clinton

Just for Fun

Valentine's Day Trivia – True or False:

1. Valentine's Day is the most popular holiday for sending cards.
2. The oldest known Valentine was written by a famous poet.
3. The first mass-produced Valentine's Day cards were made by Hallmark.
4. Women purchase more Valentine's cards than men.
5. California is the state that produces the most candy in the U.S.
6. Jewelry stores in the U.S. sell over \$10 billion in jewelry during the month of February.
7. Men purchase more roses for the holiday than women.
8. The most popular theory on the history of the holiday says it is celebrated February 14th because that is the day Saint Valentine died.
9. Love was first linked with St. Valentine's Celebration in the U.S.
10. Valentine's Day is the busiest holiday for restaurants.

Valentine's Day Questions:

1. What countries other than the U.S. celebrate Valentine's Day?
2. What percentage of people in the U.S. normally plan to celebrate this holiday?
3. Where is the most popular place people shop for Valentine's Day gifts?
4. How much does the average person spend for Valentine's Day?
5. About how much money is spent importing flowers to the U.S. in February?
6. What percentage of women say they've sent themselves flowers on the holiday?
7. What is the most disappointing Valentine's gift to get according to women?
8. What is Saint Valentine believed to have done in secret?
9. According to Eater which type of restaurant do most people favor around Valentine's Day?

Open-Ended Answers: 1. History.com says Australia, Mexico, Canada, France, and the U.K. celebrate; 2. The National Retail Federation (NRF) reports only about 54% plan to celebrate; 3. Normally it's Department stores, followed by discount stores according to the NRF; it's amazon.com during the pandemic!; 4. The NRF says the average spent in 2017 is \$136.57 per person; 5. according to the U.S. Census Bureau it's around \$131 billion; 6. According to Inquisitr, about 14% of women have; 7. Women hate getting cheap underwear says Her; 8. The Holiday Spot reports Saint Valentine performed secret marriages after marriage was banned; 9. Italian restaurants top the list according to Eater.

Answers to True or False: 1. False. Christmas is the number one holiday and Valentine's Day is number two according to history.com; 2. False. After his capture in a battle, Charles, Duke of Orleans wrote a poem to his wife and it is the earliest known written valentine says history.com; 3. False. History.com reports that Esther Howland was the first person to mass produce cards for this holiday; 4. True. Women buy about 85% of all Valentine's Day cards according to history.com; 5. True. The U.S. Census Bureau reports that California lead production of chocolate and non-chocolate confections; 6. False. In February 2016, jewelry stores sold around \$2.6 billion according to the U.S. Census Bureau; 7. True. Inquisitr reports men are responsible for about 73% of rose purchases; 8. True. The Holiday Spot reports his death occurred in 270 A.D.; 9. False. According to The Holiday Spot, the mating day for birds believed to be February 14th by the French and English sparked the collaboration; 10. False. Eater reports Mother's Day is number one and Valentine's is number two.